



# Hope in Every Step: Integrating Science with Compassion



ST PETER'S HEALTH  
PARTNERS

Cancer Care

A Member of Trinity Health

## Whole-Person Care

This year's report highlights our unwavering commitment to comprehensive cancer care – supporting patients not only physically, but emotionally and spiritually.

Our integrated approach brings together advanced medical treatments, compassionate support services, and holistic therapies to care for the whole person.

From diagnosis through survivorship, we strive to create healing environments that honor each individual's journey.

By combining cutting-edge science with human-centered care, we continue to elevate outcomes and enrich lives. This report reflects the progress, partnerships, and purpose that define our mission: to provide hope and healing through excellence in cancer care.

## Surgery Quality & Safety

### Adding the dV5 Surgical Robot

In 2024, St. Peter's Hospital was the first hospital in the Capital Region to acquire and use the da Vinci 5 (dV5) Surgical System, a new robotic surgical system from Intuitive.

Many patients with cancer require surgery, and this new system is the most advanced and integrated robotic surgery platform that exists currently.

This state-of-the-art, robotic system features 3D high-definition visualization, and the ground-breaking Force Feedback technology – allowing surgeons to see more and feel more.

The dV5 helps surgeons perform complex procedures with greater accuracy, reduced blood loss, shortened recovery times, and improved outcomes for patients.

The dV5 allows for minimally invasive procedures, which offer multiple benefits to patients. These include smaller incisions, reduced scarring, less blood loss, and faster recovery times. With fewer postoperative complications, patients can return to their normal activities more quickly than with traditional open surgery.

St. Peter's Hospital continues to lead the way in robot-assisted procedures – ranking in the top 1 percent nationally and internationally.



Samaritan Hospital and  
St. Peter's Hospital

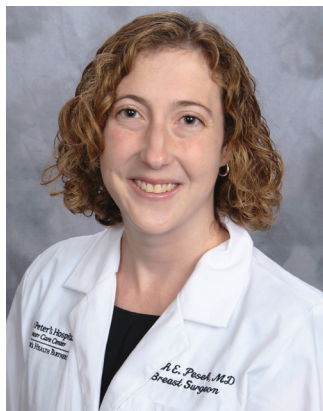
Samaritan Hospital and St. Peter's Hospital are national leaders in robotic surgery, performing more than 27,000 robotic procedures. St. Peter's Hospital ranks in the top 1% of total robotic surgery volume in the country.





## Cancer Care Research

### Dr. Pesek Awarded Top-Enrolling Investigator



Sarah Pesek, MD

St. Peter's Hospital Cancer Center – in the collaboration with breast surgeon and principal investigator Sarah Pesek, MD – was awarded the second enrolling site for the Breast Cancer Locator (BCL) study in 2024. Dr. Pesek was the top-enrolling investigator for the study in the country.

This clinical trial is evaluating an innovative, 3D-printed, surgical guide developed by CairnSurgical. Designed to improve precision in breast-conserving surgery, the BCL™ System helps surgeons achieve clear margins, reducing the need for additional procedures and improving the overall surgical experience for patients.

## Cancer Prevention & Screening

### Cancer Services Program Plays Vital Role

The Cancer Services Program of the Greater Capital Region remains a compassionate and healing presence for residents throughout our communities.

The program offers no-cost breast, cervical, and colorectal cancer screenings for uninsured individuals between the ages of 40 and 64.

The program serves residents living in Albany, Columbia, Greene, Saratoga and Rensselaer counties.

These screening services are supported with grant funds from New York State. St. Peter's has been awarded the NYS Department of Health grant for a total of three grant cycles thus far, totaling 15 years of dedicated community service.

In 2024, Cancer Services Program (CSP), held several screening events in collaboration with our breast centers in Albany and Troy. The CSP also provided colorectal screening FIT kits throughout the year.

*Continued page 3*



# Cancer Prevention & Screening

## Cancer Services Program Plays Vital Role *(continued from page 2)*

In total, CSP screened 202 patients for breast cancer, 80 patients for cervical cancer, and 27 patients for colorectal cancer. Overall, two breast cancers, one cervical cancer, and one pre-cancerous colorectal polyp were diagnosed.

CSP helped all patients with diagnoses enroll immediately into the NYS Medicaid Cancer Treatment Program, to ensure there were no delays in cancer treatment based on lack of insurance at the time of their diagnosis.

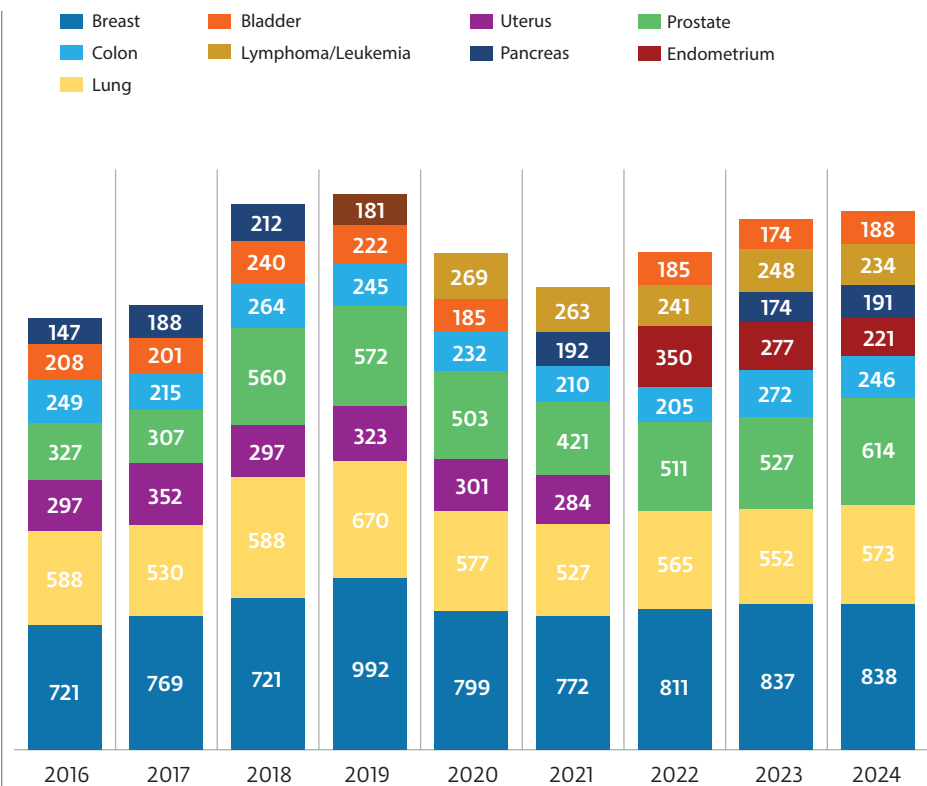
Along with these screening events, CSP provided vital cancer and prevention education, and had a presence around the region at food banks, churches, health fairs, and other community events.

Along with education, they provide linkages to other community services and refer to health care providers.

With bilingual Spanish-speaking staff, the CSP team is able to make a positive impact on this vulnerable population, which often experiences disparities in screening, diagnosis and treatment.

## By The Numbers Caring for the Greater Capital Region

In 2024, St. Peter’s Health Partners Cancer Care program continued to provide care for a large volume of new cancer patients at our locations in Albany and Troy. In total, we diagnosed and/or treated 4,839 new cancer patients. The top five cancer sites treated were breast, prostate, lung, colon and lymphoma/leukemia.



# Program Overview

## St. Peter's Health Partners Cancer Care



### We Are a Local Center, Serving the Region & Beyond

In 2024, we served patients from more than 36 counties in New York state, with the largest volumes coming from Albany, Rensselaer, Saratoga, Schenectady, Columbia, Greene, Fulton, Warren, Montgomery, and Warren counties. We drew patients from eight states in the nation.

### Comprehensive Cancer Care Diagnosis to Survivorship

We take a holistic approach to treating cancer, by caring for the whole patient – mind, body and spirit. Our providers take care to address the physical and emotional changes patients may experience and provide resources so patients can thrive after cancer. Please visit our website for information on how to access these services.

- ✓ Physical therapy
- ✓ Occupational therapy
- ✓ Speech and audiology
- ✓ Complementary therapies
- ✓ Survivorship care plans
- ✓ Nurse navigators

### Excellence in Cancer Care in Albany & Troy

#### St. Peter's Hospital Cancer Care Center

St. Peter's Hospital | 317 S. Manning Blvd. | Albany



### Hildegard Medicus Cancer Center

Operated by Samaritan Hospital

Samaritan Hospital

St. Mary's Campus | 1300 Massachusetts Ave. | Troy

Main Campus | 2215 Burdett Ave. | Troy



### State-of-the-Art Screening & Diagnostics

- ✓ 3D Mammography
- ✓ ENDOSCOPIC Ultrasound and biopsy
- ✓ BREAST MRI
- ✓ SPYGLASS™ Direct Visualization System
- ✓ VATS (Video-assisted thoracoscopic surgery)

### Leading-Edge Treatments

- ✓ DA VINCI® S/DA VINCI® 5 Surgical Systems
- ✓ RADIOFREQUENCY Ablation
- ✓ RAPIDARC® Radiotherapy
- ✓ STEREOTACTIC Radiosurgery
- ✓ SURFACE-GUIDED AlignRT®
- ✓ IMAGE-GUIDED Brachytherapy

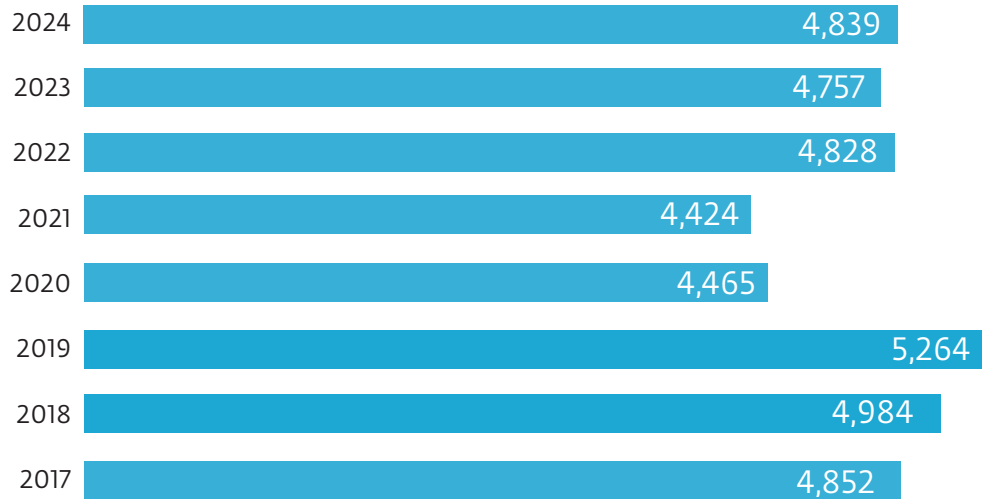
### Clinical Trials

We conduct cancer research trials in Albany and Troy, as well as refer out to other sites. Patients interested in enrolling should speak to their health care team to discuss possible benefits, risks and qualifications. Our research department can be reached at 518-525-6739.

# 123

Patients enrolled in  
trials at our sites  
in 2024

## Patient Volumes

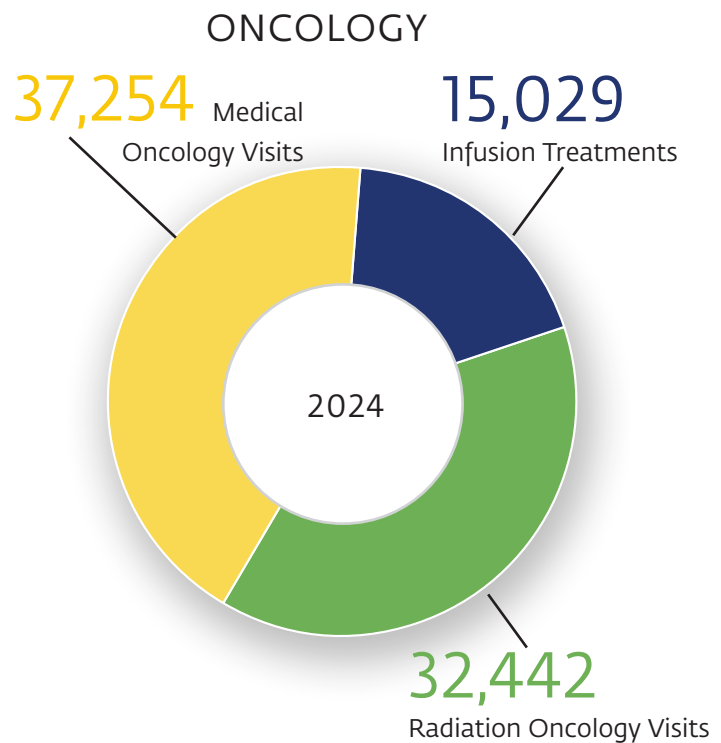


Number of new patient cases per year



**669**  
Patient cases reviewed  
at our multidisciplinary  
tumor board in 2024

**21,542**  
**PATIENTS**  
Followed for life  
since 2009





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