# **CARES**

Perinatal Bereavement
Pregnancy and Infant Loss Support



### ST. PETER'S WOMEN'S & CHILDREN'S CENTER

315 South Manning Blvd. Albany, New York 12208 518-525-1388

#### **BURDETT BIRTH CENTER**

2215 Burdett Ave. Troy, NY 12180 518-271-3393

www.sphp.com



A Member of Trinity Health

Triaterinty Care



CARES is a support group for those who have experienced the loss of a baby through miscarriage, ectopic pregnancy, stillbirth, or early infant death.

CARES offers parents an opportunity to express their thoughts and feelings in an accepting atmosphere.

During support group meetings, participants are given time to share their experiences, express their pain and grief, and respond to other parents. Active participation at the meetings is not required. Participants may simply listen if they choose. The support group offers understanding and acceptance to parents throughout the grieving process.



Perinatal Bereavement

# Support Group

Meetings are held at 7:30 p.m. on the first Thursday of January, March, May, July, September, and November. Locations vary. Contact us for more information.

## Memorial Services

Twice a year, memorial services are held at the Chapel of Our Lady of Perpetual Help at St. Peter's Hospital. The chapel is located on the hospital's ground floor, between the Emergency Department and the hospital's Main Entrance.

Services are held at 7 p.m. on the first Thursday of May and November

A recorded version of the memorial service is available anytime. To watch the video, visit **sphp.com/maternity** and click on "Support Services."

### Contact Us

If you have questions or would like more information, please call **(518) 525-1388**.