

Cancer Prevention
Highlight: Obesity, Nutrition and Colon Cancer

In 2017, our community outreach coordinator educated 14 community members on the link between obesity, nutrition and preventing colon cancer. Participants showed an increase in knowledge about the effects obesity and nutrition can have in preventing colon cancer through post-activity quizzes.

Clinical Excellence
Compassionate Care

ANNUAL REPORT



ST. PETER'S HOSPITAL
CANCER CARE CENTER

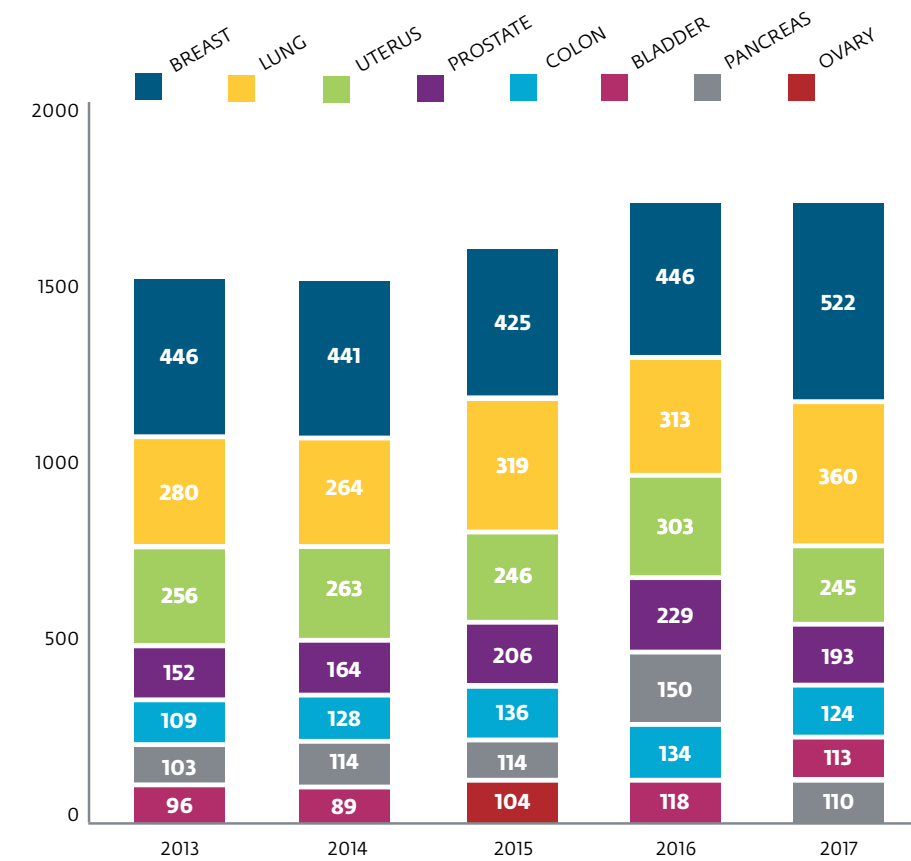
BETTER OUTCOMES

Multidisciplinary, Patient-Centered Care

In 2017, St. Peter's Hospital Cancer Care Center continued to provide care for a large volume of new cancer patients. In total, we diagnosed and/or treated 3,363 new cancer patients. The top seven cancer sites we treated were breast, lung, uterus, prostate, colon, bladder, and pancreas.



THE TOP SEVEN CANCER SITES WE TREAT



No matter the cancer site, multidisciplinary care is a hallmark of our approach to treatment. Our highly specialized team of physicians examines patients' cases thoroughly at regular tumor board conferences. Working as a team of medical oncologists, radiation oncologists, radiologists, pathologists, and surgeons allows us to tailor treatment plans to the unique needs of each patient. This personalized patient care drives the exceptional quality and excellent outcomes we offer.

NO HEALTH INSURANCE?

No Cost Cancer Screenings

The Cancer Services Program (CSP) for Albany and Rensselaer Counties referred 203 uninsured women for free breast cancer screenings through St. Peter's Hospital Cancer Care Center. Seventy of those women were referred for testing, 13 biopsies were performed, and eight cancer diagnoses were made. CSP case managers worked with the patients to arrange medical care and referral to a breast surgeon.

The CSP provides monthly, no-cost cancer screenings for eligible, uninsured men and women. They offer screenings for:

- Breast and cervical cancer (Women age 40+)
- Colorectal cancer (Men and women age 50+)

Uninsured patients in need of a screening can contact the CSP at (518) 525-8680.

PROGRAM OVERVIEW

2017 at St. Peter's Hospital Cancer Care Center



WE ARE A LOCAL CENTER, SERVING THE REGION

NY • VT • MA • FL • GA • ID • KY • OK • PA • SC

In 2017, we served patients from more than 36 counties in New York state, with the largest volumes coming from Albany, Rensselaer, Saratoga, Schenectady, Columbia, Greene, Ulster, Warren, Fulton, and Montgomery counties. The center drew patients from 10 states in the nation.

COMPREHENSIVE CANCER CARE DIAGNOSIS TO SURVIVORSHIP

We take a holistic approach to treating cancer, by caring for the whole patient – mind, body and spirit. Our providers take care to address the physical and emotional changes patients may experience and provide resources so patients can thrive after cancer. Please visit our website for information on how to access these services.

- ✓ Physical therapy
- ✓ Occupational therapy
- ✓ Speech and audiology
- ✓ Complementary therapies
- ✓ Survivorship care plans
- ✓ Nurse navigators

AWARDS AND ACCREDITATIONS



A QUALITY PROGRAM
OF THE AMERICAN COLLEGE
OF SURGEONS



STATE-OF-THE-ART SCREENING & DIAGNOSTICS

- ✓ **3-D** Mammography
- ✓ **ENDOSCOPIC** Ultrasound and biopsy
- ✓ **BREAST** MRI
- ✓ **SPYGLASS™** Direct Visualization System
- ✓ **VATS** (Video-assisted thoracic surgery)

LEADING-EDGE TREATMENTS

- ✓ **DA VINCI® XI** Surgical System
- ✓ **RADIOFREQUENCY** Ablation
- ✓ **RAPIDARC®** Radiotherapy
- ✓ **STEREOTACTIC** Radiosurgery
- ✓ **SURFACE-GUIDED** AlignRT®
- ✓ **IMAGE-GUIDED** Brachytherapy

CLINICAL TRIALS

We conduct cancer research trials on site as well as match our patients to trials taking place at other centers. Patients interested in enrolling in a trial should speak to their health care team to discuss possible benefits, risks and qualifications. Our Research Department may be reached at (518) 525-6739.

124

Patients enrolled in trials at our site in 2017

54

Patients were matched to trials at other sites in 2017

PATIENT VOLUMES



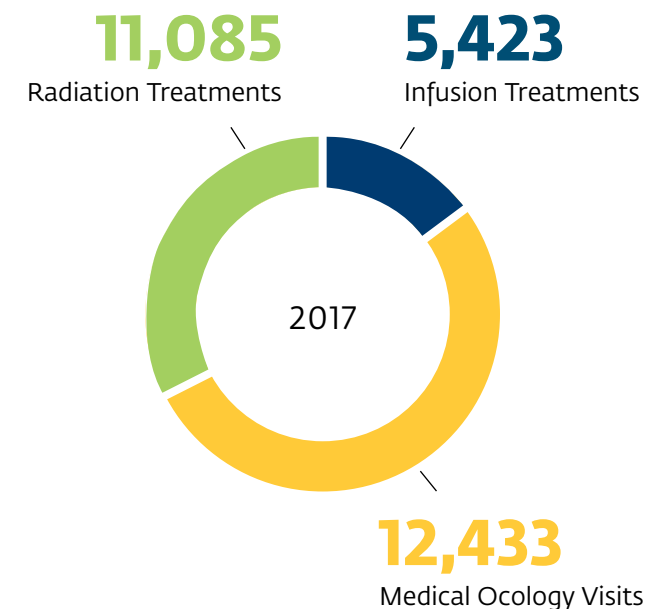
650

Patient cases reviewed at our multidisciplinary tumor board in 2017

12,209
PATIENTS

Followed for life since 2009

ONCOLOGY



QUALITY & SAFETY

Improving Breast Care

Measuring Quality

In a 2017 review of a previously conducted quality study, St. Peter's Hospital compared the length of its breast cancer patients' diagnosis-to-surgery timelines against national recommended guidelines. For patients needing breast reconstruction surgery, it revealed an absence in a standardized referral process to plastic surgery.

Better Outcomes

In response, St. Peter's Hospital Cancer Care Center formed a process improvement committee tasked with formalizing the procedure for referring patients to plastic surgery. The outcome showed an increase in the number of breast cancer patients receiving surgery within the national recommended guidelines and an established process which expedited the referral of patients to plastic surgery.

