ST PETER'S HEALTH PARTNERS

Treating the symptoms and stress of a serious illness. 518.525.6561

### Palliative Care Partners



ST PETER'S HEALTH PARTNERS

Medical Associates

A Member of Trinity Health

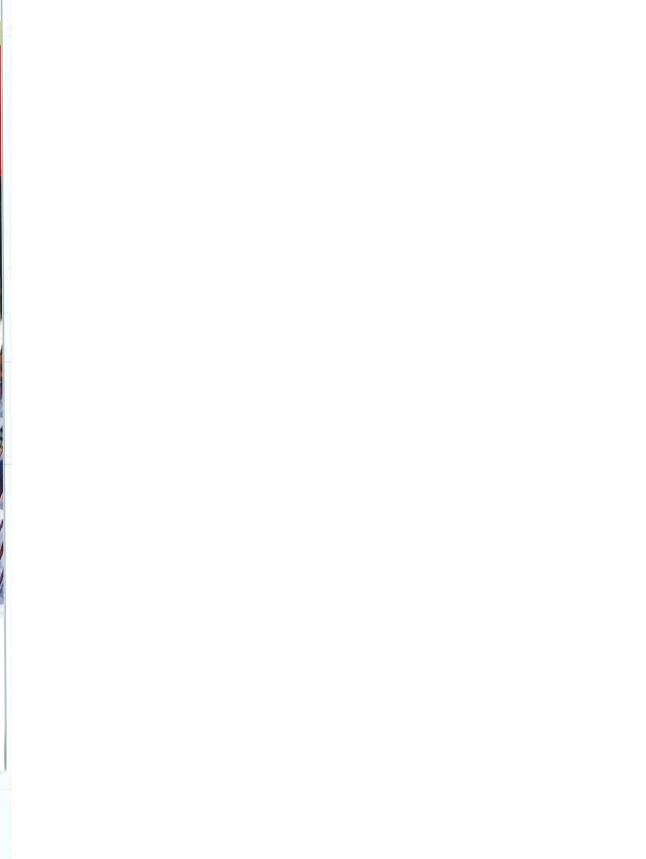
palliativecarepartners@sphp.com ph 518.525.6561 fx 518.525.6515 sphpma.com

## Palliative Care





3/7/23 1000 M



#### What is Palliative Care?

Palliative Care is specialized medical care focusing on relief from the symptoms and the stress of serious illness with a goal of improving quality of life for patients and their families. It is a team-based approach, involving specialty-trained doctors, nurses, and social workers who work with the patient's other health care providers to offer an extra layer of support.

Palliative Care providers work to ensure patients have a thorough understanding of their illness and to also gain an understanding of what is most important to the patient.

#### How we can Help:

- Understanding illness
- Making decisions about care
- Managing symptoms of your disease and the side effects of treatment.
- Providing emotional and spiritual support to you and your family

Palliative care can be provided at any stage of illness, even when patient are actively seeking treatment.

You can benefit from palliative care even if you have a certified home health agency involved in your care.

#### Palliative Care Partners At Home

Palliative Care Partners provides palliative care teams, including a palliative care physician, nurse practitioner, social worker, and chaplain, across a variety of settings and locations across the Capital Region.

# Our Services What does the palliative care

## team offer?

- Palliative care trained nurse practitioners to help manage your symptoms
- Nurse coordinators to help manage your care
- Social workers to help access community services
- Chaplain support to provide spiritual care
- Advanced care planning
- Assistance with health care decisions
- Coordination with your other providers
- 24/7 on call availability
- Oversight from a palliative care trained physician
- Our palliative care teams will provide support if you are admitted to:
  - Ellis Hospital, Schenectady
  - Samaritan Hospital, Troy
  - St. Peter's Hospital, Albany

We are currently offering virtual community palliative care appointments, as well as home visits.

#### Who is Eligible?

Palliative Care Partners sees patients diagnosed with cancer and chronic diseases such as heart failure, COPD, liver or kidney disease or dementia.

Co-payment may be associated with NP/MD visit, check with your insurance plan.