



# ST PETER'S HEALTH PARTNERS

## Maternity Care

A Member of Trinity Health

### COVID-19 Information for Maternity Patients

Due to COVID-19-related visitation restrictions currently in effect at Capital Region hospitals, we want you to know what to expect when coming to St. Peter's Hospital or Burdett Birth Center at Samaritan Hospital to deliver your baby.

1. Please call your OB provider office with any concerns before going to the hospital. This allows us to appropriately plan your care and to coordinate the flow of patients both at the offices as well as the hospitals.
2. COVID-19 testing is required for all OB patients upon admission.
3. Infants will be tested for COVID-19 if the birth parent is COVID positive, or they are born outside of the hospital.
4. Please BRING EVERYTHING you need with you to get through labor and postpartum recovery. This includes clothes to take baby home in, as well as whatever personal items you want, such as pajamas, toiletries, comfort aids, etc. While support persons are able to leave and return, we encourage as little coming and going as possible.
5. Your discharge will need to be approved by your OB provider and your baby's discharge will be managed by the pediatric provider.

### Visitation and Support:

6. Be aware that you can have TWO visitors or support persons at a time, including a doula, for your delivery. The support persons must pass a COVID-19 screening upon entry to the hospital. If at any time your support person develops signs of illness, they will no longer be able to stay. Meal trays are provided for patients and their support person(s).
7. If you choose to have a qualified Doula assist with your birth, they will count as one of your two allowed support persons. They will follow the same restrictions and screening as your support person.
8. All support persons must be at least 18 years old.
9. After regular hospital visiting hours, two unique support persons, identified by the patient, are allowed.
10. In the event of St. Peter's Hospital Neonatal Intensive Care Unit (NICU) admission, NICU visitation is limited to only individuals with the proper NICU ID band.
11. All visitors need to wear masks and practice social distancing in waiting rooms, hallways, cafeterias, food courts, gift shops, etc.

*As the COVID-19 situation is constantly changing, we will provide updates as needed. If you have any specific questions, please contact your OB office.*