

Cancer Prevention Highlight:

Human Papillomavirus (HPV) in Young Adults

In 2020, St. Peter's Hospital Cancer Care Center's outreach nurse provided a HPV program to area high school seniors. The program highlighted the HPV Cancer Prevention Vaccine as a way to prevent future cancers in adults. Twenty-six students participated and raised their pre-test average score from 71% to 95.4%. Student comments included:

"I have learned so much about HPV and how important it is to be vaccinated"

"The presentation was very interesting and shed light on how traumatic HPV can be for people as well as how preventable it is when simple protective measures are taken."

The Community Outreach Nurse and Nationally Certified Tobacco Treatment Professional participated in a state-wide panel discussion on "nurses Role in Tobacco Cessation" as part of her role in the NYS Quitline Professional Task Force.

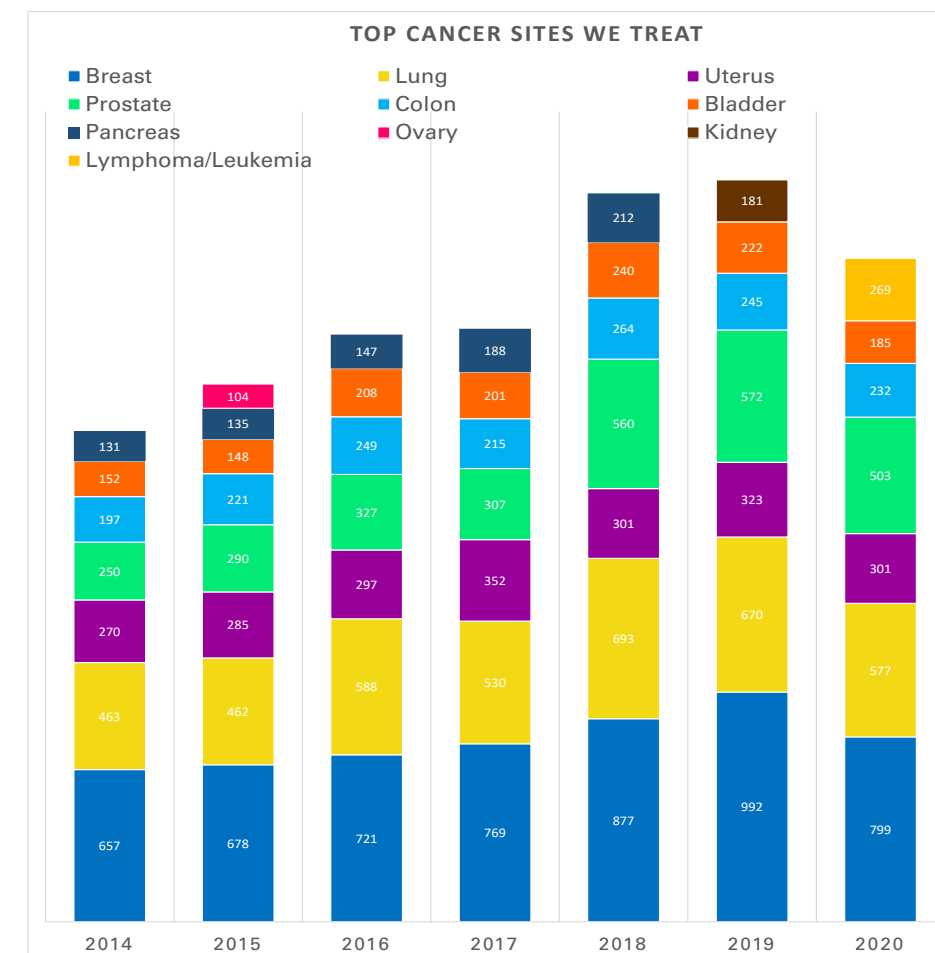
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A Member of Trinity Health

CANCER CARE IN ALBANY & TROY

One Cancer Program, Two Locations

In 2020, St. Peter's Health Partner's Cancer Care program continued to provide care for a large volume of new cancer patients at in Albany and Troy. In total, we diagnosed and/or treated 4,465 new cancer patients. The top cancer sites we treated were breast, lung, prostate, uterus, colon, bladder and lymphoma/leukemia.



BETTER OUTCOMES

Multidisciplinary, Patient-Centered Care

No matter the cancer site, multidisciplinary care is a hallmark of our approach to treatment. Our highly specialized team of providers examines patients' cases thoroughly at regular tumor board conferences. Working as a team of medical oncologists, radiation oncologists, radiologists, pathologists, and surgeons allows us to tailor treatment plans to the unique needs of each patient. This personalized patient care drives the exceptional quality and excellent outcomes we offer at St. Peter's Health Partners.



QUALITY & SAFETY

Improvements in Tobacco Cessation Efforts

CANCER TREATMENT AND PREVENTION

St. Peter's Cancer Care Centers are committed to both cancer treatment and prevention. Tobacco use is a leading risk factor and cause of several types of cancer. Screening for tobacco use and cessation intervention is an important preventive measure to improve health and cancer-related outcomes.

A tobacco use screening process as well as interventions to encourage tobacco cessation have been implemented in Cancer Care. Tobacco use counseling and referrals to The Butt Stops Here Program and the NYS Quit Line are made by Cancer Care providers. St. Peter's Cancer Care Centers will continue to expand tobacco cessation efforts.



Clinical Excellence, Compassionate Care
In Albany and Troy
ANNUAL REPORT

PROGRAM OVERVIEW

St. Peter's Health Partners Cancer Care in 2020



WE ARE A LOCAL CENTER, SERVING THE REGION & BEYOND

NY • VT • MA • FL • NJ • OK • PA

In 2020, we served patients from more than 32 counties in New York state, with the largest volumes coming from Albany, Rensselaer, Saratoga, Schenectady, Columbia, Greene, Fulton, Warren, Schoharie and Montgomery counties. We drew patients from SEVEN states in the nation.

COMPREHENSIVE CANCER CARE DIAGNOSIS TO SURVIVORSHIP

We take a holistic approach to treating cancer, by caring for the whole patient – mind, body and spirit. Our providers take care to address the physical and emotional changes patients may experience and provide resources so patients can thrive after cancer. Please visit our website for information on how to access these services.

- ✓ Physical therapy
- ✓ Occupational therapy
- ✓ Speech and audiology
- ✓ Complementary therapies
- ✓ Survivorship care plans
- ✓ Nurse navigators

EXCELLENCE IN CANCER CARE IN ALBANY & TROY

St. Peter's Hospital Cancer Care Center
St. Peter's Hospital | 317 S. Manning Blvd. | Albany



Hildegard Medicus Cancer Center
Operated by Samaritan Hospital
Samaritan Hospital
St. Mary's Campus | 1300 Massachusetts Ave. | Troy
Main Campus | 2215 Burdett Ave. | Troy



STATE-OF-THE-ART SCREENING & DIAGNOSTICS

- ✓ **3D** Mammography
- ✓ **ENDOSCOPIC** Ultrasound and biopsy
- ✓ **BREAST** MRI
- ✓ **SPYGLASS™** Direct Visualization System
- ✓ **VATS** (Video-assisted thoracoscopic surgery)

LEADING-EDGE TREATMENTS

- ✓ **DA VINCI® XI** Surgical System
- ✓ **RADIOFREQUENCY** Ablation
- ✓ **RAPIDARC®** Radiotherapy
- ✓ **STEREOTACTIC** Radiosurgery
- ✓ **SURFACE-GUIDED** AlignRT®
- ✓ **IMAGE-GUIDED** Brachytherapy

CLINICAL TRIALS

We conduct cancer research trials in Albany and Troy, as well as refer out to other sites. Patients interested in enrolling should speak to their health care team to discuss possible benefits, risks and qualifications. Our research departments can be reached at (518) 525-6739, in Albany, and (518) 268-6033, in Troy.

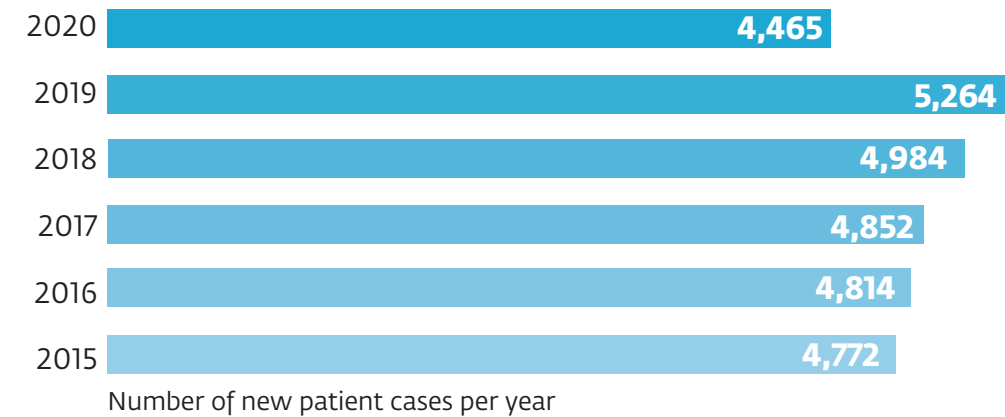
101

Patients enrolled in trials at our sites in 2019

58

Patients were matched to trials at other sites in 2019

PATIENT VOLUMES



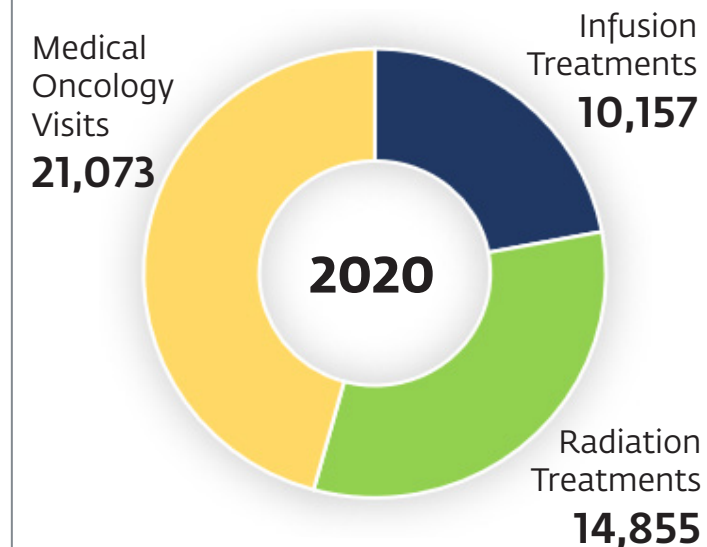
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Patient cases reviewed at our multidisciplinary tumor board in 2020

20,047

PATIENTS Followed for life since 2009

ONCOLOGY



OUTREACH & EDUCATION

Preventing Cancer in Our Community

• Using U.S. Preventive Services Task Force (USPSTF) guidelines, our community outreach nurse instructed 50 nursing students at SPHP nursing college/schools in "Introducing Tobacco Cessation Into Your Practice."

• As St Peter's Health Partners works toward the community goal of tobacco cessation, our *The Butt Stops Here* program was 100% virtual and worked with over 100 participants.

• Our radiation oncology department screened 20 individuals for prostate cancer in the months of September and November in honor of Prostate Cancer Awareness. No cancers were found.

• The Community Outreach Nurse worked with 40 New Visions high school students. Education was provided on cancer, cancer treatments, HPV vaccination and HPV related cancers and how social determinants of health affected patients with cancer.