

In January 2008,

Eddy Memorial Geriatric Center introduced an exciting new Life Enrichment Program to help residents with dementia experience meaningful social connections ... moments that matter.

Please consider a contribution to the Allan F. Nickerson Life Enrichment Fund to ensure that this program continues to be available to our residents.

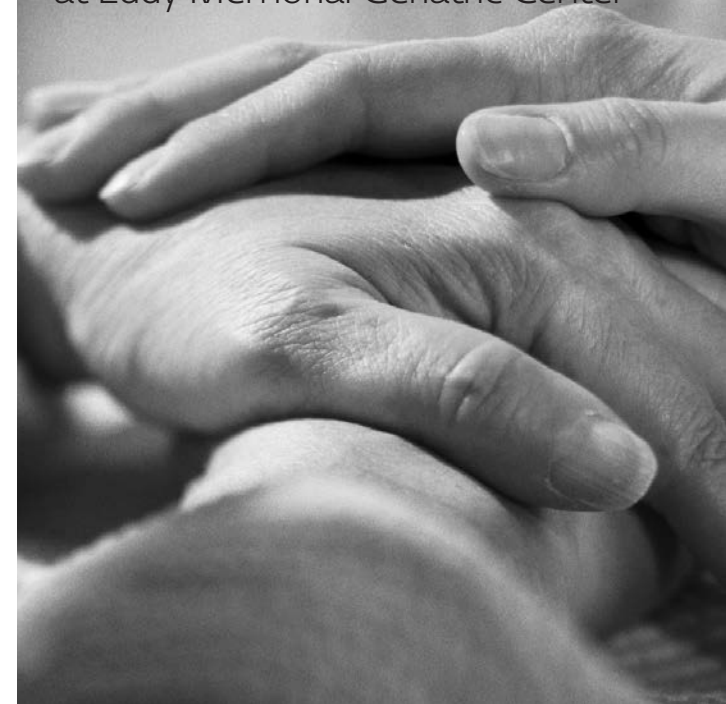


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2256 Burdett Avenue, Troy, NY 12180
northeasthealth.com
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LIFE ENRICHMENT PROGRAM

at Eddy Memorial Geriatric Center



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At **Eddy Memorial Geriatric Center**, our goal is to provide the highest possible quality of life to residents with Alzheimer's disease and other types of memory loss. We want to be sure that every day is filled with moments that matter — moments of genuine pleasure, moments of genuine purpose and moments of genuine peace.

Our Program

The Life Enrichment Program provides residents with opportunities to exercise their social and cognitive functioning through a variety of "strength-based activity stations." The activity stations feature a large variety of authentic props and supplies known to be appealing to individuals with dementia. Residents participate either individually or in very small groups.

A staff facilitator, known as a "butterfly," quietly moves about the room, encouraging residents so that they do not become agitated, anxious or frustrated.

Some residents may actively "work" on projects and others might enjoy more relaxing pursuits. Some residents may be very social during the activity, while others may quietly pursue solitary interests at their own station.

Caregivers report significant reductions in wandering/falls, agitation, combativeness, sun-downing behaviors and other symptoms of dementia. In addition to reducing anxiety and restlessness, the program helps individuals by promoting engagement and a greater interaction with the world around them.

How You Can Help

A donation to the Allan F. Nickerson Life Enrichment Endowment will help us provide superior workshops, training courses, and supportive initiatives so that staff members can master how best to communicate with residents with Alzheimer's disease or dementia. The fund also helps purchase or replace necessary materials and other resources used in the Life Enrichment programming.

Allan F. Nickerson was a long-time member of Beechwood, The Eddy's independent senior living community located on the campus of Eddy Memorial Geriatric Center. Mr. Nickerson, who also served on Beechwood's board of directors, possessed a sharp intellect, strong values and was a generous benefactor.

For more information on the Allan F. Nickerson Life Enrichment Endowment, please contact the Northeast Health Foundation at **(518) 274-1090**.

Please complete the following and mail your donation to:

Northeast Health Foundation

2224 Burdett Avenue
Troy, NY 12180

- Yes**, I would like to support the Allan F. Nickerson Life Enrichment Endowment with a tax-deductible gift of:
- \$25 \$50 \$100 \$250
 \$500 Other _____
- Enclosed is my check payable to Eddy Memorial Geriatric Center.
- Please charge my:
- VISA MasterCard
 AME Discover

Card Number _____

Expiration Date _____

Signature _____

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

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You can also make a gift online at www.NortheastHealth.com/Foundation.