

Cancer Prevention Highlight:
Avoidance of Sun Exposure

In 2021, St. Peter's Hospital Cancer Care Center's outreach nurse created a Skin Cancer Awareness education booth at the Troy Farmer's Market in July. The program included handing out educational handouts, one-on-one teaching, children's activities and distributing free sun screen. Over 100 people participated, sunscreen packets were provided to 78 of those participants, and 38 people participated in a post-evaluation. 96% stated they would use sunscreen more often, advise family members to use sunscreen, monitor skin monthly and get screen yearly.

The Community Outreach Nurse and Nationally Certified Tobacco Treatment Professional participated in a statewide roundtable discussion on "Nurses Nix Nicotine", as part of her role in the NYS Quitline Professional Task Force.

sphp.com/cancer-care



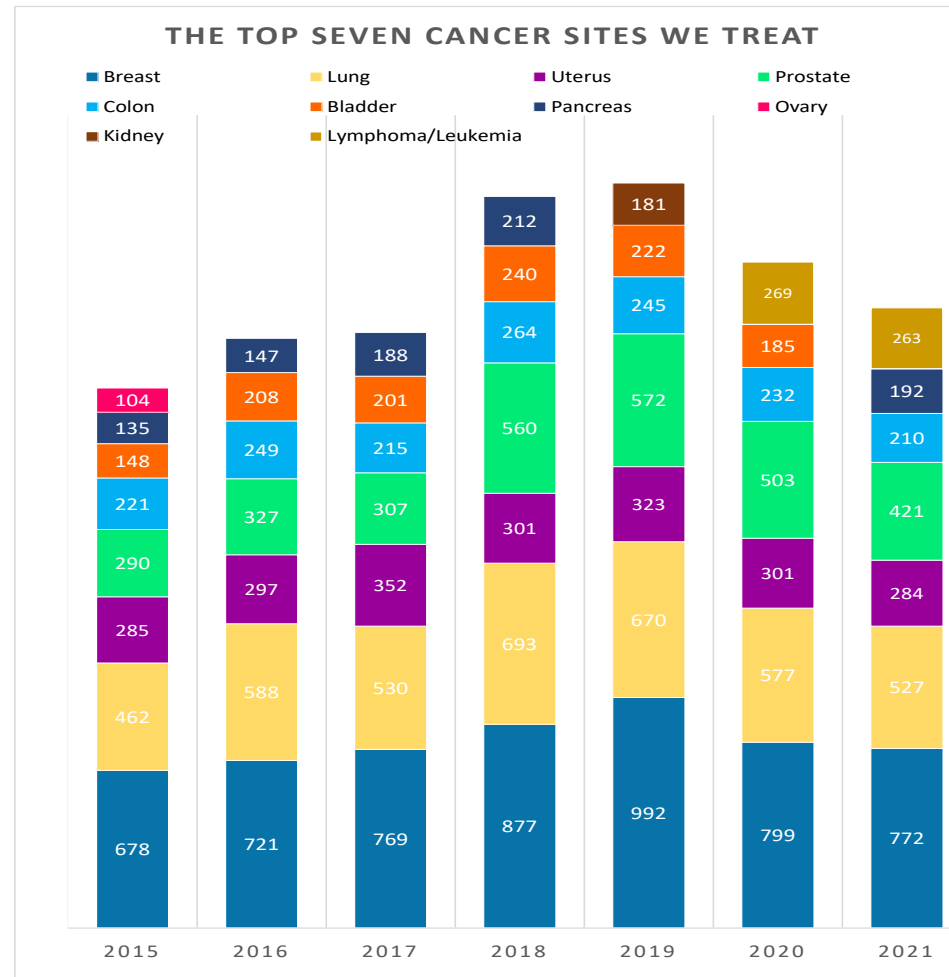
**Clinical Excellence,
Compassionate Care
In Albany and Troy**

ANNUAL REPORT

CANCER CARE IN ALBANY & TROY

One Cancer Program, Two Locations

In 2021, St. Peter's Health Partner's Cancer Care program continued to provide care for a large volume of new cancer patients at in Albany and Troy. In total, we diagnosed and/or treated 4,424 new cancer patients. The top seven cancer sites we treated were breast, lung, prostate, uterus, colon, Lymphoma/Leukemia and pancreas.



BETTER OUTCOMES

Multidisciplinary, Patient-Centered Care

No matter the cancer site, multidisciplinary care is a hallmark of our approach to treatment. Our highly specialized team of providers examines patients' cases thoroughly at regular tumor board conferences. Working as a team of medical oncologists, radiation oncologists, radiologists, pathologists, and surgeons allows us to tailor treatment plans to the unique needs of each patient. This personalized patient care drives the exceptional quality and excellent outcomes we offer at St. Peter's Health Partners.

QUALITY & SAFETY

Lung Cancer Screening

CANCER TREATMENT AND PREVENTION

St. Peter's Cancer Care Centers are committed to both cancer treatment and prevention. Lung cancer screening is often an underutilized cancer prevention tool. Smoking history is a leading risk factor and cause for lung cancer. By receiving a low-dose CT scan, patients can be screened earlier for lung cancer.

In 2021, a lung cancer screening initiative was implemented in our practices. At the time of follow-up after completion of treatment, patients are screened for eligibility of receiving lung cancer screening. If eligible, a low-dose CT is ordered for the patient to screen for lung cancer. The lung cancer screening program continues to expand.

PROGRAM OVERVIEW

St. Peter's Health Partners Cancer Care in 2021



WE ARE A LOCAL CENTER, SERVING THE REGION & BEYOND

NY • VT • MA • FL • CA • NM • UT

In 2021 we served patients from more than 30 counties in New York state, with the largest volumes coming from Albany, Rensselaer, Saratoga, Schenectady, Columbia, Greene, Warren, Fulton, Washington, Schoharie and Montgomery counties. We drew patients from 7 states in the nation.

COMPREHENSIVE CANCER CARE DIAGNOSIS TO SURVIVORSHIP

We take a holistic approach to treating cancer, by caring for the whole patient – mind, body and spirit. Our providers take care to address the physical and emotional changes patients may experience and provide resources so patients can thrive after cancer. Please visit our website for information on how to access these services.

- ✓ Physical therapy
- ✓ Occupational therapy
- ✓ Speech and audiology
- ✓ Complementary therapies
- ✓ Survivorship care plans
- ✓ Nurse navigators

EXCELLENCE IN CANCER CARE IN ALBANY & TROY

St. Peter's Hospital Cancer Care Center

St. Peter's Hospital | 317 S. Manning Blvd. | Albany



Hildegard Medicus Cancer Center

Operated by Samaritan Hospital

Samaritan Hospital

St. Mary's Campus | 1300 Massachusetts Ave. | Troy

Main Campus | 2215 Burdett Ave. | Troy



STATE-OF-THE-ART SCREENING & DIAGNOSTICS

- ✓ 3D Mammography
- ✓ ENDOSCOPIC Ultrasound and biopsy
- ✓ BREAST MRI
- ✓ SPYGLASS™ Direct Visualization System
- ✓ VATS (Video-assisted thoracoscopic surgery)

LEADING-EDGE TREATMENTS

- ✓ DA VINCI® XI Surgical System
- ✓ RADIOFREQUENCY Ablation
- ✓ RAPIDARC® Radiotherapy
- ✓ STEREOTACTIC Radiosurgery
- ✓ SURFACE-GUIDED AlignRT®
- ✓ IMAGE-GUIDED Brachytherapy

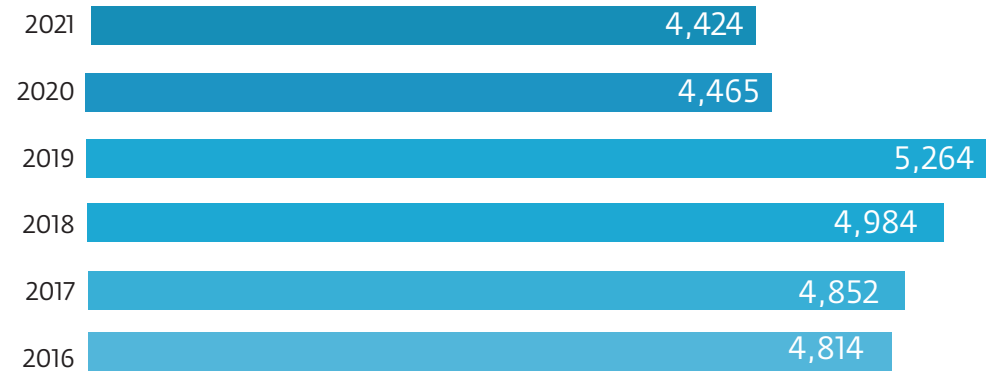
CLINICAL TRIALS

We conduct cancer research trials in Albany and Troy, as well as refer out to other sites. Patients interested in enrolling should speak to their health care team to discuss possible benefits, risks and qualifications. Our research departments can be reached at (518) 525-6739, in Albany, and (518) 268-6033, in Troy.

116

Patients enrolled in trials at our sites in 2019

PATIENT VOLUMES

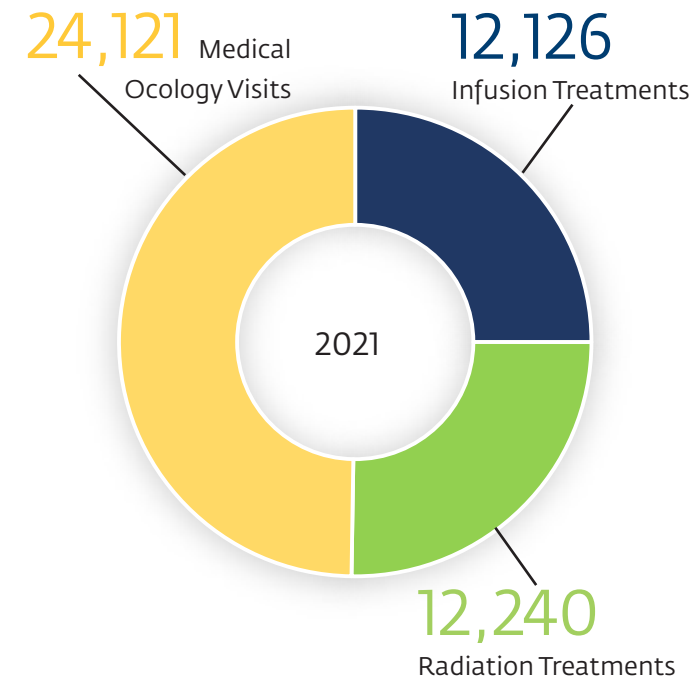


678 Patient cases reviewed at our multidisciplinary tumor board in 2019

21,513 PATIENTS

Followed for life since 2009

ONCOLOGY



OUTREACH & EDUCATION

Preventing Cancer in Our Community

- Using US Preventative Services Task Force (USPSTF) guidelines, our community outreach nurse instructed existing St. Peter's Medical Associate nurses as well as SPHP nursing students in "Introducing Tobacco Cessation Into Your Practice".
- As St. Peter's Hospital works towards the community goal of tobacco cessation, 12 sessions of our "The Butt Stops Here" program was given in 2021.
- SPH Cancer Services program attended 5 events in March, providing education on colon cancer and offering a free take home stool test to anyone who met the USPSTF guidelines and was due for colon cancer screening, in honor of colorectal cancer awareness month. 230 men and women were educated through the events, 7 stool tests were distributed, and no cancers were found.
- The Community Outreach Nurse worked with New Visions high school students throughout 2021. Education was provided on cancer, cancer treatments, and social determinants of health.