

Cancer Prevention Highlight:
Human Papillomavirus (HPV) in Young Adults

In 2020, St. Peter's Hospital Cancer Care Center's outreach nurse provided a HPV program to area high school seniors. The program highlighted the HPV Cancer Prevention Vaccine as a way to prevent future cancers in adults. Twenty-six students participated and raised their pre-test average score from 71% to 95.4%. Student comments included:

"I have learned so much about HPV and how important it is to be vaccinated"

"The presentation was very interesting and shed light on how traumatic HPV can be for people as well as how preventable it is when simple protective measures are taken."

Anne Lawton, RN

A Member of Trinity Health

Cancer Care

ST PETER'S HEALTH PARTNERS



Clinical Excellence, Compassionate Care
In Albany and Troy

ANNUAL REPORT

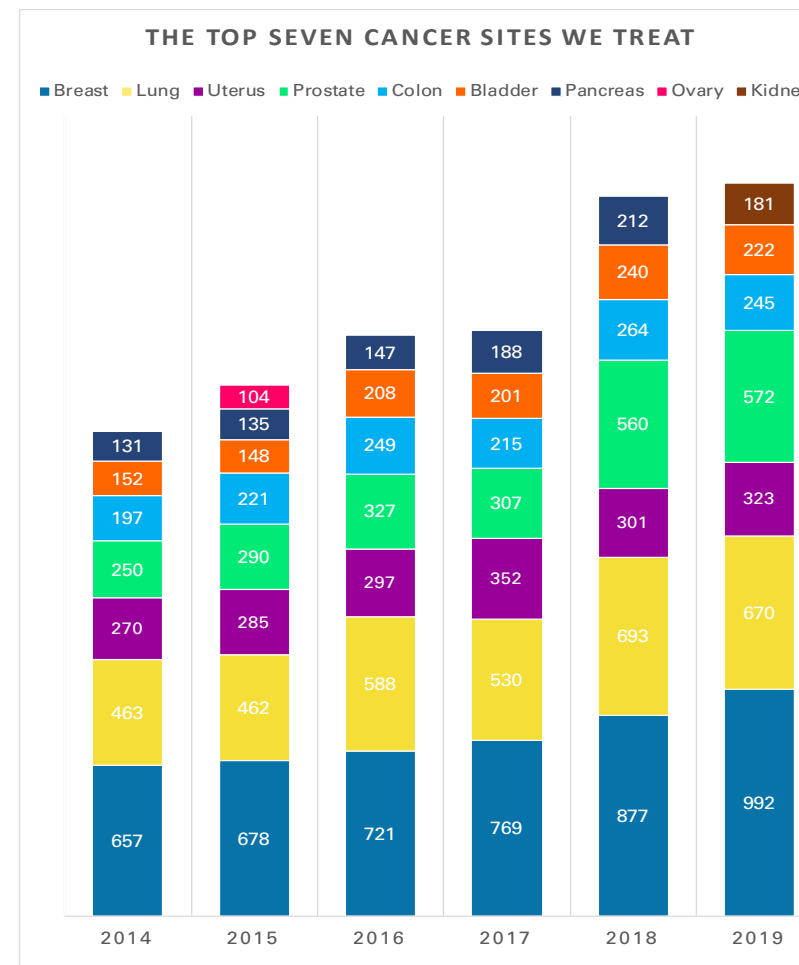
sphp.com/cancer-care

ST. PETER'S HEALTH PARTNERS
CANCER CARE ANNUAL REPORT

CANCER CARE IN ALBANY & TROY

One Cancer Program, Two Locations

In 2019, St. Peter's Health Partner's Cancer Care program continued to provide care for a large volume of new cancer patients at in Albany and Troy. In total, we diagnosed and/or treated 4,984 new cancer patients. The top seven cancer sites we treated were breast, lung, prostate, uterus, colon, bladder, and pancreas.



BETTER OUTCOMES

Multidisciplinary, Patient-Centered Care

No matter the cancer site, multidisciplinary care is a hallmark of our approach to treatment. Our highly specialized team of providers examines patients' cases thoroughly at regular tumor board conferences. Working as a team of medical oncologists, radiation oncologists, radiologists, pathologists, and surgeons allows us to tailor treatment plans to the unique needs of each patient. This personalized patient care drives the exceptional quality and excellent outcomes we offer at St. Peter's Health Partners.

QUALITY & SAFETY

Improvements in Prostate Cancer Screening and Diagnosis

Measuring Quality

St. Peter's Hospital has an active urology cancer program. Accurate assessment and diagnosis of prostate cancer is a priority affecting treatment and disease progress risk. St. Peter's Hospital investigated the correlation of results in patients seen for both 3T MRI and fusion biopsy. MRI has been shown as highly reliable to exclude prostate cancer which was demonstrated in this quality study.

An opportunity to continue research on use of 3T MRI and fusion biopsy for the diagnosis and treatment of prostate cancer was identified. St. Peter's Hospital will continue to review data and correlation of results in patients seen for both 3T MRI and fusion biopsy for the diagnosis and treatment of prostate cancer.

PROGRAM OVERVIEW

St. Peter's Health Partners Cancer Care in 2019



WE ARE A LOCAL CENTER, SERVING THE REGION & BEYOND

NY • VT • MA • FL • NC • NH • SC • TN • NJ • VA

In 2019, we served patients from more than 36 counties in New York state, with the largest volumes coming from Albany, Rensselaer, Saratoga, Schenectady, Columbia, Greene, Ulster, Warren, Fulton, and Montgomery counties. We drew patients from 10 states in the nation.

COMPREHENSIVE CANCER CARE DIAGNOSIS TO SURVIVORSHIP

We take a holistic approach to treating cancer, by caring for the whole patient – mind, body and spirit. Our providers take care to address the physical and emotional changes patients may experience and provide resources so patients can thrive after cancer. Please visit our website for information on how to access these services.

- ✓ Physical therapy
- ✓ Occupational therapy
- ✓ Speech and audiology
- ✓ Complementary therapies
- ✓ Survivorship care plans
- ✓ Nurse navigators

EXCELLENCE IN CANCER CARE IN ALBANY & TROY

St. Peter's Hospital Cancer Care Center
St. Peter's Hospital | 317 S. Manning Blvd. | Albany



Hildegard Medicus Cancer Center
Operated by Samaritan Hospital
Samaritan Hospital
St. Mary's Campus | 1300 Massachusetts Ave. | Troy
Main Campus | 2215 Burdett Ave. | Troy



STATE-OF-THE-ART SCREENING & DIAGNOSTICS

- ✓ **3D** Mammography
- ✓ **ENDOSCOPIC** Ultrasound and biopsy
- ✓ **BREAST** MRI
- ✓ **SPYGLASS™** Direct Visualization System
- ✓ **VATS** (Video-assisted thoracoscopic surgery)

LEADING-EDGE TREATMENTS

- ✓ **DA VINCI® XI** Surgical System
- ✓ **RADIOFREQUENCY** Ablation
- ✓ **RAPIDARC®** Radiotherapy
- ✓ **STEREOTACTIC** Radiosurgery
- ✓ **SURFACE-GUIDED** AlignRT®
- ✓ **IMAGE-GUIDED** Brachytherapy

CLINICAL TRIALS

We conduct cancer research trials in Albany and Troy, as well as refer out to other sites. Patients interested in enrolling should speak to their health care team to discuss possible benefits, risks and qualifications. Our research departments can be reached at (518) 525-6739, in Albany, and (518) 268-6033, in Troy.

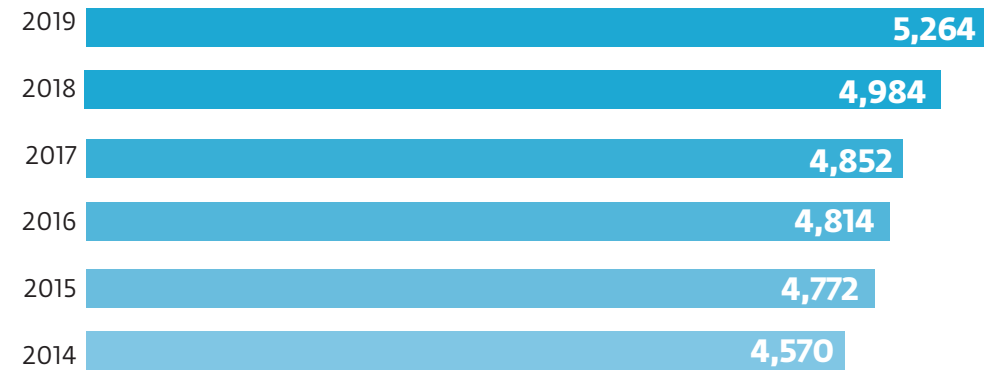
125

Patients enrolled in trials at our sites in 2019

46

Patients were matched to trials at other sites in 2019

PATIENT VOLUMES



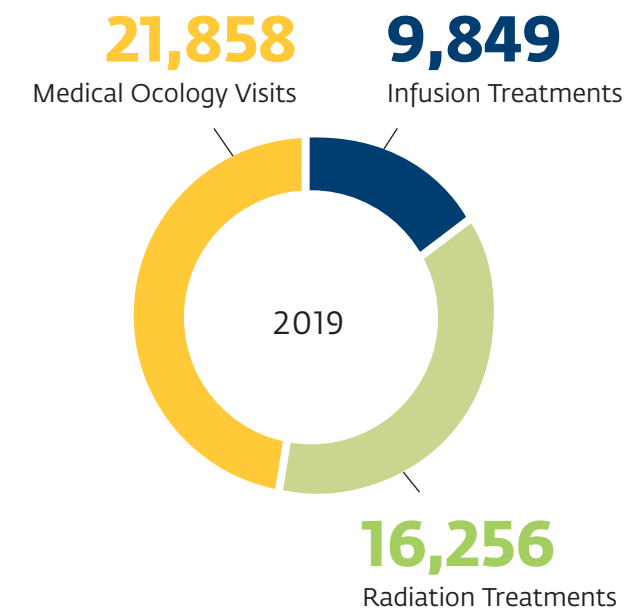
825

Patient cases reviewed at our multidisciplinary tumor board in 2019

18,300

PATIENTS Followed for life since 2009

ONCOLOGY



OUTREACH & EDUCATION

Preventing Cancer in Our Community

• Using U.S. Preventive Services Task Force (USPSTF) guidelines, our community outreach nurse instructed 50 nursing students at SPHP nursing college/schools in "Introducing Tobacco Cessation Into Your Practice."

• As St Peter's Health Partners works toward the community goal of tobacco cessation, our *The Butt Stops Here* program, offered in Albany and Troy, worked with 46 participants. This year we are working on virtual learning.

• Our community outreach nurse worked with more than 700 college and high school students in the Capital Region to discuss the dangers of vaping.

• Our radiation oncology department screened 13 individuals for prostate cancer in the months of September and November in honor of Prostate Cancer Awareness. No cancers were found. Our clients were all uninsured and had never been screened previously.