# Community Health Programs





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The staff of St. Peter's Health Partners Community Health Programs collaborate with school districts, businesses, public health stakeholders and communities to improve the health and well-being of our patients and community members. Through several grant-funded initiatives, we offer programs that provide support and encourage healthy eating habits, improved physical fitness, breastfeeding, and tobacco dependence treatment.

## Health Systems for a Tobacco-Free NY

We partner with medical and mental health care providers to implement systematic, evidence-based tobacco dependence treatments so that every tobacco user is offered tobacco dependence treatment during medical visits. Patients are supported through education, counseling and the use of appropriate medications.

#### Tobacco 4.b.i

We manage St. Peter's Health Partner's tobacco cessation project (DSRIP) with a focus on reaching Medicaid recipients through the providers who treat them. The project provides guidance to clinical and community organizations to enhance policies and procedures for tobacco dependence treatment and tobacco free grounds. We collaborate with providers to increase the use of evidence-based strategies for counseling, medication therapy and referral to referral to additional supportive resources.

To learn more about these programs, please call **(518) 459-2550.** 

### The Butt Stops Here®

We offer The Butt Stops Here®, a community smoking cessation program that provides support to community members through an intensive counseling program offered at loca-

tions throughout the Capital Region. We also offer worksite programs for groups of six or more to promote smoking cessation.

### Pediatric Obesity Prevention: Creating Breastfeeding Friendly Communities

The goal of this grant funded initiative is to implement Breastfeeding Friendly obstetric, family medicine and

pediatric practices; increase the number

NEW YORK STATE Creating Breastfeeding Friendly Communities

of Breastfeeding Friendly childcare centers/homes; develop worksite supports to change the norm around breastfeeding and reduce breastfeeding disparities; expand breastfeeding coalitions/partnerships; and establish Baby Cafés throughout the Capital Region.

## Creating Healthy Schools and Communities

Investing in healthy school nutrition environments and physical activity programs can help students reduce barriers to learning and achieve better overall test scores.

grades and attendance rates. The

NEW YORK Creating Healthy Schools and Communities

Creating Healthy Schools and Communities program provides technical assistance and resources to Capital Region schools to implement policies, systems and environmental changes that promote the consumption of healthy food and expand opportunities to be physically active.