## CARE MANAGEMENT/ COLLEAGUE HEALTH PLAN TEAM



### Meet Blair Oliver, RN

#### How long have you been with SPHP and what is your current role?

I joined St. Peter's Health Partners (SPHP) in 2022 as

an RN Care Manager for SPHP Medical Associates. I received a bachelor's degree in sociology from Union College in 2002, a certificate in gerontology from Maria College in 2009, and an AAS (RN) from Maria College in 2017. I worked in adult services for several years and focused primarily on assessing aging adults for home care services. As an RN, I've also worked in the OB/GYN field.

#### What is your favorite part of the job?

I love that my work can be entirely client focused. I enjoy being able to support and assist people in their time of need. I find it so rewarding to be able to effectively problem solve, empower others, and link people to the services and care they need.

# What is your best advice for SPHP patients when experiencing a medical encounter?

My best advice for SPHP patients when they are experiencing a medical encounter is to take an active role in navigating your care. Spend some time thinking of questions and write them down. Actively engage with your health care team. Ask questions, advocate for yourself when needed, follow up with your health care team, and involve those near and dear to you if it feels supportive and helpful.

#### What are your hopes and dreams for the future?

I hope that quality, individualized health care becomes the standard for all. I hope that we all have easy access to healthy food; supportive, integrative health care; and support and assistance when needed. I personally hope to further my nursing education so I can continue to grow and learn and, ultimately, best serve my patients.

#### What do you do when you are not working?

When I am not working, I'm spending time with my family, friends, and pets. I am a lover of animals and music. I especially enjoy taking nature walks with my son and summer vacations on the beach.

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