

CARE MANAGEMENT/ COLLEAGUE HEALTH PLAN TEAM



Jennifer Doherty, SW

How long have you been with SPHP and what is your current role?

I have been employed by St. Peter's Health Partners (SPHP) since August 2023 as a Licensed Master Social Worker (LMSW) with Medical Associates primary care practices. I support patients with various needs impacting their lives and help navigate community resources to mitigate the specific need. I have worked in the human services field for more than 10 years and received my master's degree in social work in 2020. I have worked with and supported individuals and families on topics related to adoption, community mental health, and developmental and physical disabilities.

What is your favorite part of the job?

My favorite part of the job is connecting with others. I strongly believe in the power of connection through empathy and listening to understand each person's uniqueness, life experiences, and aspirations. I also enjoy collaborating with patients and colleagues to address complex challenges, offer emotional support, and identify linkages to resources to promote well-being and hope for the future.

What is your best advice for SPHP patients when experiencing a medical encounter?

I think the best advice a patient can receive is to ask questions and advocate for your personal

preferences. Navigating the health care system and life in general can be overwhelming at times, but remembering that you are the most important person on your care team is critical to ensuring you have a voice in all matters related to you.

What are your hopes and dreams for the future?

It is my hope is that social inequities are eliminated from our culture. My dream is that all people have the resources they need to provide for themselves and their families without significant struggle, and to enjoy rich relationships, connection to community, and an overall sense of belonging, well-being, and hope for their goals and personal growth.

What do you do when you are not working?

When I am not working, I enjoy spending my time with family and friends, going for walks and to art galleries and museums, tending to my houseplants, and practicing yoga. I also enjoy watching NBA basketball – Go Knicks!

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