

# COMMUNITY BENEFIT REPORT

Fiscal Year 2022 | *July 1, 2021 - June 30, 2022*



ST PETER'S HEALTH  
PARTNERS

A Member of Trinity Health







James K. Reed, M.D.  
*President and CEO*



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*Vice President,  
Mission Services*

Dear Friends,

We are pleased to present the Fiscal Year 2022 (FY22), July 1, 2021 – June 30, 2022, St. Peter's Health Partners Community Benefit report.

The last twelve months have been a transformative time in the COVID-19 pandemic as our colleagues and the community continue to adjust to changing guidelines, safety precautions, disease variants, and vaccines.

At St. Peter's Health Partners, it is always our focus to put the patient at the center of all we do. In the spirit of this commitment, we introduced community health workers into our communities in FY 2022. These frontline health care workers serve an important role in helping people identify and remove their social barriers to health care. These services are especially vital after so many people abandoned health screenings and other important care for two years out of fear, or lack of personal contact or communication during the most turbulent times of the pandemic.

With the expansion of COVID-19 vaccines and subsequent boosters aimed at reaching new age groups, we continue our campaign to raise awareness of the benefits of being vaccinated and having access to these vaccines, especially among the needy and vulnerable. We've also expanded effective treatments for patients. As we continue to encourage vaccination across all groups and communities, we hope to realize improved population health, without disparities, in these at-risk communities.

St. Peter's Health Partners invested more than \$110 million in community health in FY22. These efforts included preventative services, uncompensated care, community partnerships, and other efforts to meet the health needs of the uninsured, low-income, and other at-risk populations. Thanks to these resources, we were able to reach an additional 9,000 people in FY22 compared to the previous fiscal year, thanks to these resources. Our services benefited victims of crime, homeless people who needed treatment or temporary housing while ill, and people with food insecurities.

At St. Peter's Health Partners, we remain steadfast in our Mission to serve as a "compassionate and transforming healing presence within our communities" and address social influencers of health, not only as a caring community member, but as a catalyst for change. We continue to promote optimal health for those populations that are poor and vulnerable by connecting social and clinical care, addressing social needs, dismantling systemic racism, and reducing health inequities.

We continue to be thankful for the opportunities and partnerships that help us invest in our communities and optimize wellness in the Capital Region and surrounding areas.

# About St. Peter's Health Partners

People-centered, integrated care is at the heart of St. Peter's Health Partners (SPHP). Our breadth of services across the continuum of care uniquely positions us to be the region's leader for quality, efficiency, and innovation in delivering compassionate health care and senior services.

## OUR SERVICES

- Advanced Medical Care
- Inpatient Acute Care and Rehabilitation
- Outpatient Rehabilitation
- Urgent Care
- Primary and Specialty Physician Practices
- Alzheimer's Services
- Enriched Housing/Adult Homes
- Home Care
- Hospice
- Independent Senior Living
- Nursing Homes
- PACE (Program of All-Inclusive Care for the Elderly)

## OUR MISSION

We, St. Peter's Health Partners and Trinity Health, serve together in the spirit of the gospel as a compassionate and transforming healing presence within our communities.

## CORE VALUES

**Reverence** – We honor the sacredness and dignity of every person.

**Commitment to Those Who are Poor** – We stand with and serve those who are poor, especially the most vulnerable.

**Safety** – We embrace a culture that prevents harm and nurtures a healing, safe environment for all.

**Justice** – We foster right relationships to promote the common good, including sustainability of Earth.

**Stewardship** – We honor our heritage and hold ourselves accountable for the human, financial, and natural resources entrusted to our care.

**Integrity** – We are faithful to who we say we are.



## ABOUT US

Nearly  
**11,000**  
Employees

**185+**  
Locations

**10**  
Counties



# We're Leading the Way to Healthier Communities

St. Peter's Health Partners (SPHP) is committed to deepening community partnerships to address barriers to care, especially in poor and vulnerable communities. We know 80% of health outcomes are a result of social and behavioral conditions impacting health and quality of life. This reinforces the need for a holistic approach to addressing health disparities. We participate in many community partnerships aimed at assessing these needs and identifying opportunities to make a difference. We are leading the way to healthier communities and meeting the needs of the community.

## The Community Has Spoken, SPHP Has Listened

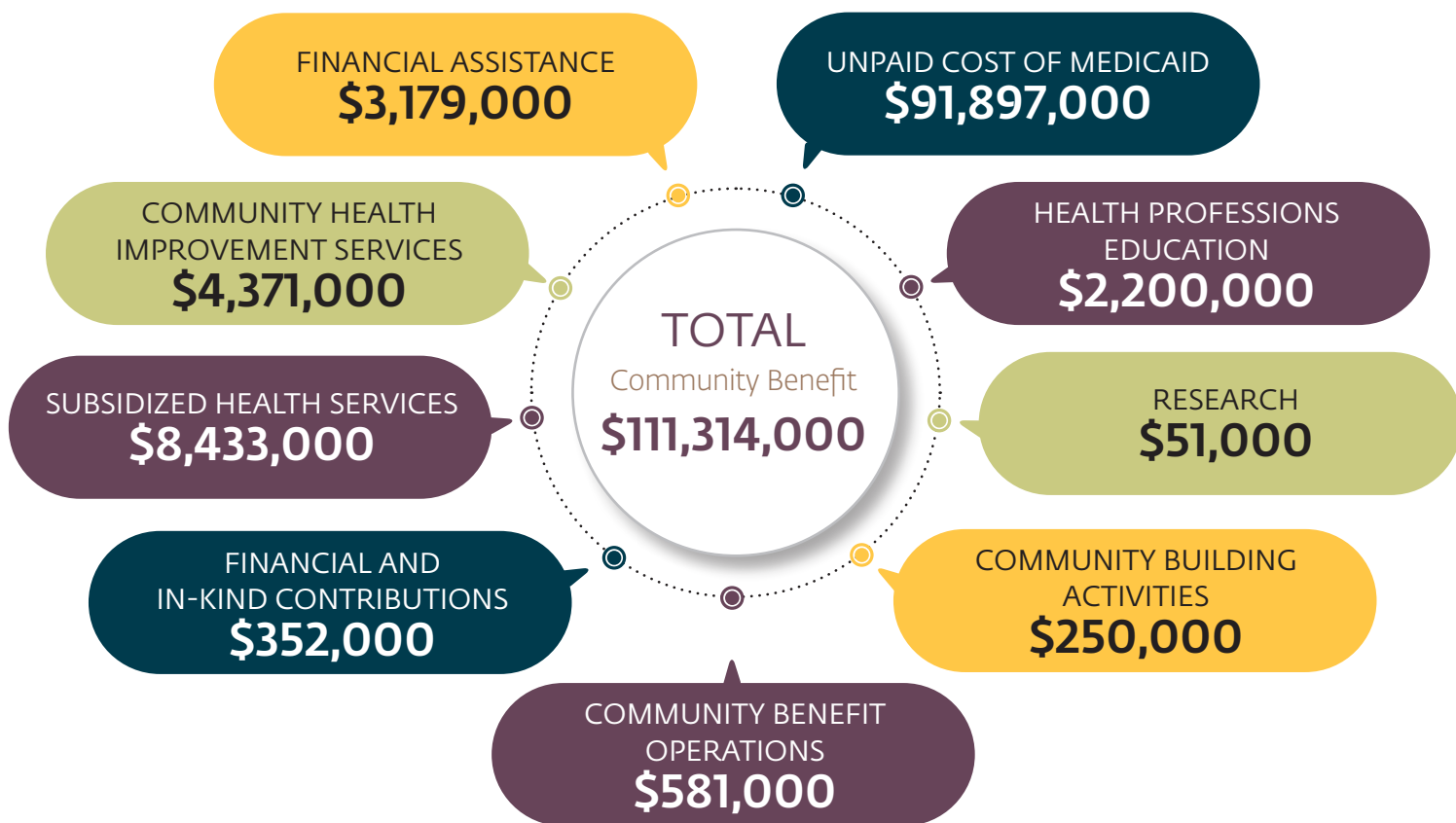
In FY22, SPHP provided more than \$111 million in total community benefits. These efforts included preventative services, community partnerships, the preparation of

future health care professions, uncompensated care, research and clinical trials, programs that impact well-being and health status, and efforts to meet the health needs of the uninsured, low-income, and other vulnerable populations.

Hospital community benefit refers to initiatives and activities undertaken by nonprofit hospitals to improve health in the communities they serve. Community benefit activities must meet at least one of the following criteria:

- Improve access to health care services
- Enhance the health of the community
- Advance medical or health knowledge
- Relieve or reduce the burden of government or other community health efforts

## FY22 COMMUNITY BENEFIT SUMMARY (July 1, 2021 - June 30, 2022)



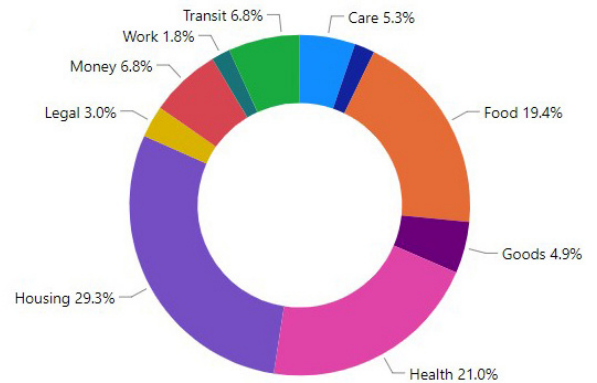
**372,558**

Total Persons Served

# Addressing Social Care/Needs

## IDENTIFYING SOCIAL NEEDS

Addressing social needs is essential to improving health, reducing health disparities, and decreasing health care costs. The goal of St. Peter's Health Partners (SPHP) is to screen all patients for social needs. TogetherCare has made it possible for Trinity Health to standardize screening for social needs and connect patients to community resources through the Community Resource Directory, community health workers, and other social care professionals. More than 56,000 patient social care needs were addressed throughout SPHP in FY22. Food Insecurity, housing, and access to affordable health care were the three top needs identified by patients.



## COMMUNITY HEALTH WORKERS

Our Community Health Workers (CHWs) have been hard at work screening and mitigating the social needs of one of our most vulnerable patient populations - the dually enrolled. Dually enrolled refers to patients who are enrolled in both Medicare and Medicaid health insurance. The CHWs are frontline workers who are trusted members of the communities they serve. This trusting relationship within the community enables the CHW to serve as a liaison between the health system and the community to facilitate access to services and improve the quality and cultural competence of service delivery. The CHW role was implemented in FY22 as an intervention to meet the Preventable Hospitalizations measure (among Medicare and dually enrolled populations), which is part of the FY22 System Balanced Scorecard. By the end of FY22, more than 3,000 screenings were completed by the CHWs.

## SAFETY NET HEALTH CENTERS



*Cohoes Family Care*

to quality health and dental care while addressing unmet social needs related to language, culture, income, and transportation.

St. Peter's Health Partners (SPHP) is dedicated to upholding our Mission, vision, and core values by providing health and dental care to our underinsured and uninsured populations through our seven Safety Net Health Centers. Our Safety Net Health Centers serve patients and families that experience or are at risk of experiencing health disparities due to income level, race and/or ethnicity, and other social, economic, and environmental realities that contribute to poor health outcomes. The centers play a critical role in ensuring access

## CAPITAL REGION HEALTH CONNECTIONS HEALTH HOME

Capital Region Health Connections (CRHC) Health Home is committed to being a transforming and healing presence within the community. By building relationships outside of office walls, care coordinators provide support, advocacy, and education to the members served and their families. Care coordinators connect members with needed medical, behavioral, and social services to support their overall health and wellness, and assist members transitioning back into the community from hospitals, inpatient psychiatric settings, or incarceration. Our care coordinators are hard at work assisting more than 250 patients each month.

## FOOD ACCESS AND THE COMMUNITY

St. Peter's Health Partners (SPHP) continues to work tirelessly to address food insecurity in our communities, thanks to a grant from the Mother Cabrini Foundation.

Community Health & Well-Being was pleased to continue offering weekly deliveries of fresh produce and healthy foods to community members with chronic diseases and food insecurity through our Food Farmacy program. Interactive nutrition education was provided weekly by a registered dietitian who also tracked participants' health progress. Participants saw an average weight loss of 8.2 lbs. and a two percent drop in their A1C (hemoglobin blood test).

We were able to expand our collaboration with the Regional Food Bank of Northeastern NY and "Just Say Yes to Fresh Fruits and Vegetables" to reach more than 150 senior citizens and their families in Albany, Colonie, Cohoes, and Troy. We also partnered with our Personalized Recovery Oriented Services (PROS) program and the Colonie Senior Center to provide home delivered, medically tailored, prepared meals to participants of weekly PROS classes who are living with a psychiatric illness or addictive disorder.

SPHP has greatly expanded our emergency food bag program, offering three days of shelf-stable, nonperishable food to reach all of our service lines and community agencies. Our goal is to mitigate an immediate food insecurity need while assisting these community members in finding long-term solutions. Approximately 75 bags are given out every month.

The Cancer Care Food Closet in St. Peter's Cancer Care Centers in Albany and Troy has supported more than 300 patients who expressed food insecurity. Healthy, medically appropriate, shelf-stable food is provided along with referrals to community services for long-term assistance.

SPHP has once again provided funding for all food and nutrition expenses at the Interfaith Partnership for the Homeless which serves more than 64,000 healthy meals a year.



*A Community Health & Well-Being Food Farmacy offers healthy food choices to patients diagnosed with prediabetes or diabetes.*

*“ I'm thinking more of my food choices and the classes made me aware of healthy alternatives. I appreciate the weekly check-ins and the fresh produce and meats/dairy are really helpful on my limited budget.”*

*— Food Farmacy participant*

## COMMUNITY RESOURCE DIRECTORY

The Community Resource Directory (CRD), powered by FindHelp, has continued to grow into a robust source of support to serve our patients, colleagues, and those living in the communities we serve. The online portal connects those in need to free or reduced-cost health and social services within the community and across all Trinity Health locations – including housing, medical care, food pantries, transportation, and behavioral health resources.

We have also partnered with the City of Albany which now offers access to the CRD on the city's home webpage. Requests for assistance may be made directly to the community agencies so people in need are able to get immediate assistance. Resources are available in more than 100 different languages.

**Need a little help?**  
Find community resources quickly and easily

Food Housing Health Transit Work Education Money Legal Goods

SCAN HERE  
► Find Programs  
► Connect to Services  
► Apply for Benefits  
► View Hours and Locations

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<https://communityresources.trinity-health.org>

**¿Necesita un poquito de ayuda?**  
Encuentre recursos comunitarios rápido y fácil

Comida Vivienda Salud Transporte Trabajo Educación Dinero Legal Bienes

ESCANEAR AQUI  
► Encuentre programas  
► Conexión con servicios  
► Solicitar beneficios  
► Ver horas y ubicaciones

ST PETER'S HEALTH PARTNERS  
A Member of Trinity Health

<https://communityresources.trinity-health.org/?lang=es>

## PRESCRIPTION ASSISTANCE PROGRAM

St. Peter's Health Partners Prescription Assistance Program assists patients in obtaining long-term prescription medications they may otherwise not be able to afford. This is possible by accessing free or low-cost programs through pharmaceutical companies. The program is available for individuals who are uninsured or underinsured and meet specific income guidelines. In FY22, 1,350 individuals were served.

## HEALTH INSURANCE ENROLLMENT

Imagine being faced with enormous medical debt or making the decision not to seek needed medical care because of a lack of health insurance coverage. These are issues that our most vulnerable populations face every day. Driven by our desire to make a difference in the lives of others, St. Peter's Health Partners provides patient advocates to help uninsured or underinsured patients navigate the very complex process of searching for comprehensive, affordable, or free health insurance coverage. Patient advocates focus on delivering exceptional, compassionate advocacy to best meet the needs of our patients, resulting in a better patient experience.



# Strength in Diversity and Optimal Health for All

Our St. Peter's Health Partners team is made up of people from different backgrounds, cultures, work styles, values, and ways of thinking. We invite these differences. We seek them out. We know our organization and the communities we serve thrive as a result of this commitment to diversity. The issues women, people of color, people with disabilities, the LGBTQ+ community, religious minorities, and other marginalized groups face are our responsibility to understand and address. Everyone deserves to have an equal opportunity to be as healthy as possible.

One of our primary focuses is to create a plan to address and remove any and all barriers to optimal health for all. We are committed to active, intentional, and ongoing engagement with diversity – in our facilities and within the communities we serve. Our goal is to identify and eliminate inequities and injustices that plague all minorities.



## TRINITY HEALTH MLK HEALTH EQUITY SYMPOSIUM

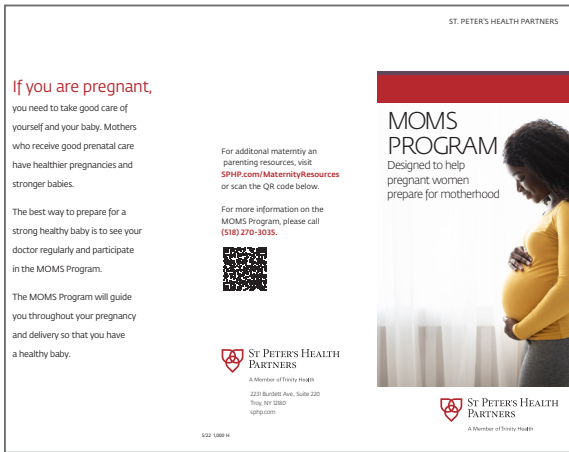
This virtual symposium honored the life, legacy, and work of Dr. Martin Luther King, Jr. Inspired by the words of Dr. King, "Of all the forms of inequality, injustice in health care is the most shocking and inhumane," our guest speakers focused on the importance of disrupting systems that create health inequalities and called leaders to action both personally and professionally.

## BIRTH EQUITY IMPROVEMENT PROJECT

St. Peter's Health Partners interdisciplinary teams from Samaritan and St. Peter's hospitals continued to be part of the New York State Birth Equity Improvement Project in FY22. How individual and systemic racism impacts birth outcomes continued to be a focus, and action plans were developed to improve both the experience of care and perinatal outcomes of Black birthing people in our communities.

# Promoting Healthy Women, Children, and Families

## MATERNAL AND OBSTETRICAL MENTORING SERVICES (MOMS) PROGRAM



In FY22, St. Peter's Health Partners (SPHP) Community Health & Well-Being acquired the management of the MOMS program. The MOMS Program offers support and education to pregnant women at no charge. Any pregnant woman may participate regardless of age, insurance, immigration status, or county of residence. It is a comprehensive program with all new obstetric (OB) patients throughout SPHP OB/GYN offices being referred, as well as collaborations with community agencies and private OB/GYN practices in the area. The MOMS Program assists more than 500 patients a year.

## HEALTHY FAMILIES (RENSSELAER COUNTY) PROGRAM

Children begin to develop vital social, emotional, and cognitive skills in infancy. Their earliest experiences and relationships are critically important to their long-term health and well-being. St. Peter's Health Partners is here to help parents-to-be and new parents offering a free, voluntary, supportive home-visiting program for families living in Rensselaer County. Healthy Families' proven methods offering education and support in a comfortable, nonjudgmental environment help to make children and families healthier, more connected, and more successful.

## CREATING BREASTFEEDING-FRIENDLY COMMUNITIES/BABY CAFÉS

Our staff members work with health care providers to implement best practices addressing childhood obesity, promoting healthy food choices, and encouraging breastfeeding in new mothers.

The Creating Breastfeeding-Friendly Communities program is funded through an Obesity Prevention in the Pediatric Health Care Setting grant. Thanks to that grant, St. Peter's Health Partners Community Health Programs department offers Baby Cafés in the Capital Region. A Baby Café is a free drop-in service providing professional breastfeeding support in a relaxed and informal environment. Baby Cafés also offer opportunities to make friends, share experiences, and participate in open forum discussions. Due to spikes in COVID-19 throughout FY22, Baby Cafés continued to be held virtually several times a week at convenient times for both working parents and stay-at-home moms. One-on-one visits with a certified lactation consultant could be scheduled if the need presented. Patients were also able to reach out directly to the group or via Facebook Messenger with any additional breastfeeding questions. In FY22, 40 new mothers were helped. The Baby Café was promoted via radio and pop-up ads online, and social media was utilized to reach potential attendees.



## BOYS AND GIRLS CLUB OF THE CAPITAL DISTRICT "SOCCER FOR SUCCESS" PROGRAM

Since 2018, St. Peter's Health Partners (SPHP) has been a proud sponsor of the "Soccer for Success Program" at the Boys and Girls Clubs of the Capital Area. The program introduces underserved youth to the sport of soccer and helps them establish healthy lifestyle habits and develop critical life skills. Studies have shown physical inactivity in adolescents is a core health concern. The occurrence of certain chronic diseases – including obesity – and premature mortality are shown to decline with regular physical activity. It is also thought that children who are engaged in a community sport show improved cognitive development and social integration with peers.

In addition to the Boys and Girls Clubs of the Capital Area, SPHP partnered with local school districts and the U.S. Soccer Foundation. While learning the fundamentals of soccer, participants are taught how to eat right, stay healthy, and gain important decision-making and relationship skills from their interactions with coach-mentors and peers. "Soccer for Success" coaches help the students build confidence and emphasize the value of hard work, teamwork, and persistence in achieving personal goals. Coach-mentors also meet with participants' families regularly to educate parents and guardians about embracing an active and healthy lifestyle and supporting their child's personal fitness and emotional growth.

More than 1,500 school-aged children participated in "Soccer for Success" in FY22. Of these participants, 88% maintained or decreased their personal body mass index (BMI); 72% increased their aerobic capacity;



and 86% stayed away from anti-social behavior. A planned expansion of the program to include middle schools will allow even more vulnerable youths to learn these valuable skills and life lessons.



**HEALTHY LIVING**

Kids attend *Soccer for Success* after school three times a week throughout the academic year. Participants learn about eating right and other ways to stay healthy, and they gain important decision-making and relationship skills from their interactions with coach-mentors and peers.



**MENTORSHIP**

*Soccer for Success* coaches are also mentors. They teach kids the fundamentals of soccer, but also strive to help children build confidence and recognize the value of hard work, teamwork and persistence in achieving personal goals. By learning what it takes to play a team sport, kids are also being prepared to be productive citizens.



**COMMUNITY-FOCUSED**

The lessons *Soccer for Success* teaches don't stop on the field. Coach-mentors meet with families regularly to educate parents and guardians about how to embrace an active and healthy lifestyle and nurture their child's personal growth.

**Typically Provided for Each Child:**



**1 Uniform  
+ 1 Ball**



**75-90 Mins  
Of Play Per Day**



**3 Days Per  
Week**



**24 Weeks  
Per Year**

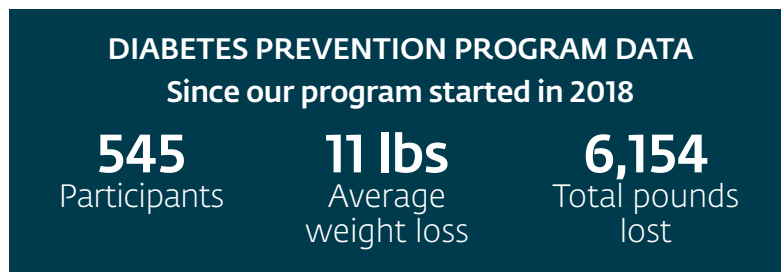




# Preventing Chronic Diseases

## DIABETES PREVENTION PROGRAM

In FY22, the Diabetes Prevention Program (DPP) not only included participants within our Albany County partnership and our Medicare participants, but expanded virtually to include participants from all over New York state. Virtual classes allowed flexibility during this unprecedented time, eliminating issues of missing a class due to traffic, appointments, or needing child care. We continue to assist participants with using technology. If a lack of access is identified, we try to find alternatives for participants to join the program or connect them with a diabetes education specialist to ensure they receive guidance on reducing their risk of developing type 2 diabetes.



## THE BUTT STOPS HERE – SMOKING CESSATION PROGRAM

The Butt Stops Here (BSH) is an award-winning community smoking cessation program developed by St. Peter’s Health Partners (SPHP) in 2001. Due to the overwhelming response the program received since the pandemic began, SPHP continued to offer interactive virtual classes participants could participate in from the comfort of their own homes.

Thirty-one groups were held including eight drop-in sessions in FY22, with more than 400 registrants from all over New York state and the northeast.



## ST. PETER'S HEALTH PARTNERS WELLNESS PROGRAMS

St. Peter's Cardiopulmonary Wellness Program helps participants develop the tools and resources needed to prevent disease, increase energy, and develop an overall sense of well-being and strength. The program focuses on helping identify and implement personal goals for overall wellness.

St. Peter's Cancer Fitness and Wellness Program is an eight-week personalized exercise program designed to help individuals manage the physical side effects of cancer treatment and aid in the recovery process.

## HEALTH SCREENINGS FOR LOCAL FIREFIGHTERS

St. Peter's Health Partners (SPHP), in conjunction with the Cohoes Fire Department, recently launched a pilot program to raise awareness about the risk of exposure to cancerous chemicals firefighters face while doing their jobs, as well as provide cancer screenings and education to those firefighters.

The program, spearheaded by Anne Lawton, BSN, RN, NCTTP, then-community outreach nurse at SPHP's Cancer Care Center; Jonah Marshall, M.D., Capital Region Urology; and Robb Wattsman, president of the Uniform Firefighters of Cohoes IAFF Local 2562, held its first screening event on April 23, 2022, at the Raymond K. Lamora Island Fire Station in Cohoes.



*Cohoes firefighters participate in health and cancer screening pilot program.*

# Building Bridges, Knowledge, Faith, and Health in Our Community

## LANGUAGE AND CULTURAL COMPETENCIES AND ACCESS

To be a transforming, healing presence within our communities, St. Peter's Health Partners (SPHP) recognizes that individuals need access to communication services and is committed to providing competent communication assistance. As part of SPHP's Mission, the Communication/Language Access program provides meaningful access for limited English proficient (LEP) individuals and those who have vision, speech, and hearing impairments, in a timely manner and at no cost to the patient. Sufficient materials, equipment, and resources are available to our LEP and hearing-impaired patients.



## Faith Community Nurse Program



### FAITH COMMUNITY NURSING

Faith community nurses strive to enhance the lives of people in their community by addressing physical, emotional, social, and spiritual issues. They are recognized as a specialty by the American Nurses Association. Faith community nurses are pastorally called and spiritually mature registered nurses (RNs) who serve as health educators, personal health counselors, a spiritual presence through life's transitions, liaisons to faith and community resources, health advocates, developers of support groups, and coordinators of volunteers.

St. Peter's Health Partners Faith Community Nurse Program is a free, community-based health ministry offered to individuals of all ages who are associated with a faith or community congregation or have a desire to integrate spirituality into their care. The program focuses on the intentional care of the spirit, prevention

or minimization of illness, promotion of health, and maintenance of wellness. The Faith Community Nurses compassionately served more than 2,100 patients last year.

### EARTH DAY NEIGHBORHOOD CLEAN UP

St. Peter's Health Partners employees were invited to celebrate Earth Day by helping to beautify our surrounding neighborhoods. They were provided with the necessary supplies to collect trash in our communities. In exchange for their full bags, colleagues were given a packet of seeds to grow flowers, further encouraging a brighter, greener planet!



### AID TO UKRAINE COLLECTION DRIVE

The St. Peter's Health Partners community rallied to support the "Stand with Ukraine" humanitarian drive to aid people in Ukraine who continue to face a humanitarian crisis from the Russian military invasion of their country.

The collection saw generous colleague donations of clothes, baby supplies, personal care and first aid items, along with monetary donations collected within departments. Our Safety and Emergency

Management department also donated emergency management supplies, such as linen kits, blankets, and infant and adult hygiene supplies.

Coordinated by St. Nicholas Ukrainian Catholic Church in Watervliet and Community Health & Well-Being, donations were dropped off several times a week and loaded onto trucks driven to New Jersey, loaded onto a plane to Poland, and then driven into Ukraine to be distributed to those in need.



## SOCKTOBER

Socks are the most needed, but least donated item in homeless shelters. More than 5,000 pairs of brand-new socks were collected in October 2021 throughout St. Peter's Health Partners sites. They were donated to area shelters to make a difference in the lives of our neighbors who are homeless. Our "Socktober" campaign is a wonderful example of our Mission and Core Values in action, and a tradition we hope to continue in years to come.

## SOCK OUT CANCER PROGRAM

St. Peter's Health Partners continues to be a proud supporter of "Sock Out Cancer®" – a nonprofit initiative that aids financially distressed families so they can put all their energy into fighting cancer.



The program is funded through donations, community-based fundraising efforts, and the sale of its signature multicolored socks. These efforts raise public awareness of the financial challenges facing families fighting cancer.

## Bettering Our Colleagues

### ALBANY MEMORIAL GARDEN

The St. Peter's Health Partners Wellness Committee made great improvements in the Albany Memorial Campus courtyard. They filled the space with greenery, soothing colors, and flowers. The goal was to make it a calm space where patients, visitors, and colleagues could take a moment away from their daily duties and stressors and use the space for respite and reflection.



### ST. JOHN'S BIBLE PAGE TURNING

St. Peter's Health Partners continued to host the Heritage Edition of The Saint John's Bible, the first hand-scribed bible in 500 years.

Each month, Mission Services celebrates a page turning of the St. John's Bible with a reflection on the illumination being offered by various staff members.

## COLLEAGUE MAMMOGRAM SCREENINGS



Early cancer detection saves lives. All St. Peter's Health Partners (SPHP) colleagues and their spouses over the age of 40 are encouraged to get screened for breast cancer. SPHP increased the number of screening events from two to six (March, April, May, September, October, and November). These events are offered at various

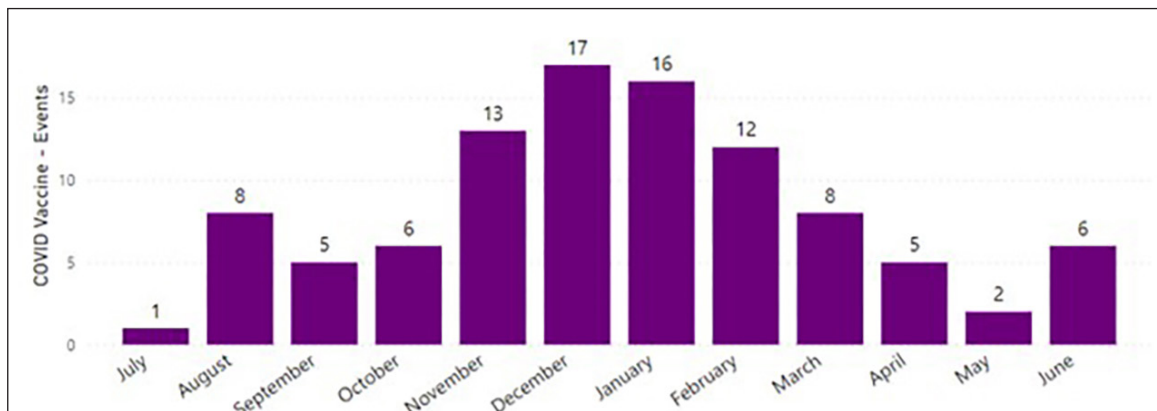
locations, times, and days of the week. Along with mammograms, colleagues are offered assistance with transportation, interpreter services, obtaining prescriptions, and a primary care physician referral, if needed.

## Caring for Our Communities as We Navigate Through the Pandemic

As COVID-19 safety measures and protocols continue to change, our focus is now on COVID-19 vaccine confidence and education in vulnerable communities. We are carefully pivoting back to in-person events and loosening health care visitation policies while maintaining our continued concern for patients' and colleagues' health and safety.

### IT STARTS HERE: COVID-19 VACCINATION CAMPAIGN

Our Community Health & Well-Being program continued to support Covid-19 vaccine clinics. In partnership with local colleges and community-based organizations, including Maria College, the Collaboratory, Lincoln Pharmacy, and the Boys and Girls Club of the Capital Area, 99 vaccine events were held in FY22. Through those events, 1,845 community members (including colleagues) obtained either their first, second, or booster dose of the Pfizer or Moderna vaccines. These clinics were aimed at protecting our community by increasing vaccine education and accessibility to traditionally underserved communities that are at the highest risk of severe disease.









**For more information, visit [SPHP.com/CHWB](https://sphp.com/CHWB)  
or contact the Community Health & Well-Being Program  
at [SPHPSMCHWB@sphp.com](mailto:SPHPSMCHWB@sphp.com)**



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