



# Community Health Needs Assessment (CHNA) Implementation Strategy

Fiscal Years 23-25

St. Peter's and Samaritan hospitals completed a comprehensive Community Health Needs Assessment (CHNA) that was adopted by the Board of Directors on May 20, 2022. St. Peter's and Samaritan hospitals performed the CHNA in adherence with applicable federal requirements for not-for-profit hospitals set forth in the Affordable Care Act (ACA) and by the Internal Revenue Service (IRS). The assessment considered a comprehensive review of secondary data analysis of patient outcomes, community health status, and social determinants of health, as well as primary data collection, including input from representatives of the community, community members and various community organizations. The complete CHNA report is available electronically at: [2022-chna\\_sphpsam.pdf](#) or printed copies are available at: St. Peter's Health Partners, Community Health & Well-Being, 315 South Manning Blvd. Albany, NY 12208.

## Our Mission

We, St. Peter's Health Partners, and Trinity Health, serve together in the spirit of the gospel as a compassionate and transforming healing presence within our communities.

### Core Values

**Reverence** - We honor the sacredness and dignity of every person.

**Commitment to Those who are Poor** - We stand with and serve those who are poor, especially those most vulnerable.

**Justice** - We foster right relationships to promote the common good, including sustainability of Earth.

**Stewardship** - We honor our heritage and hold ourselves accountable for the human, financial and natural resources entrusted to our care.

**Integrity** - We are faithful to who we say we are.

**Safety** - We embrace a culture that prevents harm and nurtures a healing, safe environment for all.

## Our Hospitals

Together, St. Peter's and Samaritan hospitals constitute the Acute Care division of St. Peter's Health Partners (SPHP). SPHP is the region's largest and most comprehensive not-for-profit network of high-quality, advanced medical care, primary care, rehabilitation and senior services.

St. Peter's Hospital is a 442-bed tertiary care hospital, located in Albany, New York (Albany County). At St. Peter's, caring for the community dates back to the principles established by the foundress of the Religious Sisters of Mercy, Catherine McAuley. In 1824, at the age of 50, she inherited a large fortune and used the money to build a house in Dublin, Ireland. It became the first House of Mercy — and was the home where Catherine and several other women provided educational, religious, and social services for women and children who were poor, homeless and in need. Carrying on that mission, four Sisters of Mercy founded St. Peter's Hospital in downtown Albany, New York, on November 1, 1869.

St. Peter's Hospital is a Magnet Hospital for Nursing, a Top 100 Cardiovascular Hospital, a Designated Heart and Stroke Emergency Center and the FIRST hospital in the Capital Region to receive Baby-Friendly designation, considered the gold standard in maternity care.

Samaritan Hospital is a 257-bed community hospital that provides comprehensive, compassionate medical care across three campuses in Troy and Albany (our Main Campus, Albany Memorial Campus, and St. Mary's Campus in Troy). First located on Eighth Street in Troy, in the former Troy Orphan's



Asylum, the main campus moved to its present location at the corner of Burdett and Peoples Avenues in the early 20th century. Today, Samaritan Hospital provides comprehensive medical services including diagnostic and therapeutic cardiac catheterization, cancer treatment, inpatient and outpatient mental health care and surgical services.

## Our Community- Based Services

In addition to our hospitals, St. Peter's Health Partners includes: The Eddy system of continuing care, The Community Hospice and St. Peter's Health Partners Medical Associates, one of the Capital Region's largest multi-specialty physician groups with more than 850 physicians and advanced practitioners in more than 130 locations. As a member of Trinity Health, St. Peter's Health Partners' Community Health & Well-Being (CHWB) strategy promotes optimal health for those who are poor and vulnerable and the communities we serve by connecting social and clinical care, addressing social needs, dismantling systemic racism, and reducing health inequities. We do this by:

- Investing in our communities.
- Delivering outstanding care for those who are poor and vulnerable.
- Impacting social influencers of health.

St. Peter's Health Partners reinvests in communities through financial support, screenings, education, and research. We provide programs such as PACE, The Butt Stops Here Tobacco Cessation Program, Diabetes Prevention Program, Faith Community Nursing, Prescription Assistance, Food Access Programs, the Maternal Obstetrical Mentoring Services (MOMS) program for our prenatal patients, and a Social Care Hub to screen and mitigate the social needs of our patients and community members

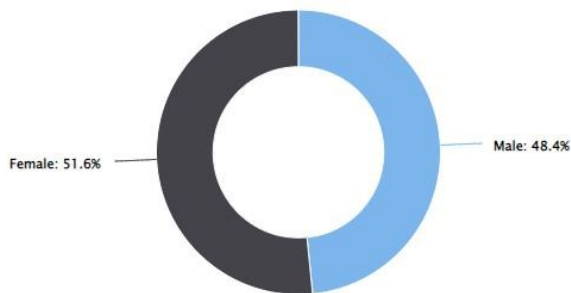
## Our Community



For the purposes of the Community Health Needs Assessment, St. Peter's and Samaritan hospitals define its primary service area as Albany and Rensselaer counties, which represent the home zip codes of 71% of its patients.

	<b>Albany</b>	<b>Rensselaer</b>
<b>Population</b>	306,968	159,185
<b>% White</b>	75.3%	86.1%
<b>% African American</b>	12.4 %	6.5%
<b>% Hispanic</b>	6%	4.9%
<b>% High School Graduates</b>	92.1%	91.8%
<b>Median Household Income</b>	\$66,252	\$68,991

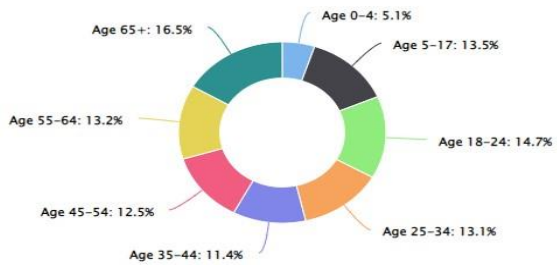
Total Population by Gender  
Albany County, NY



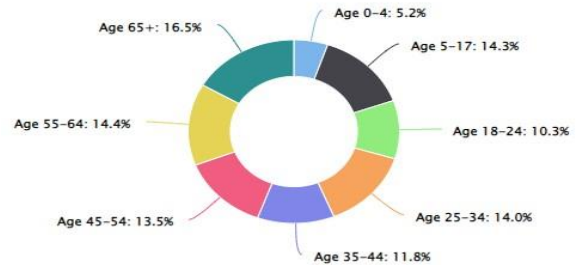
Total Population by Gender  
Rensselaer County, NY



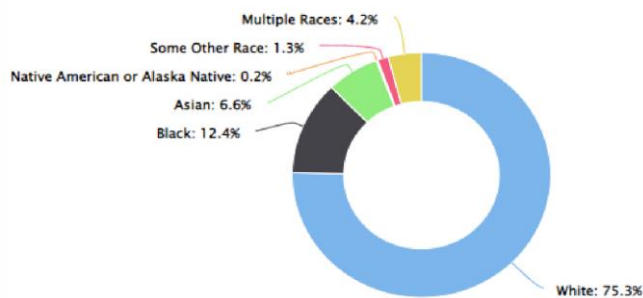
Total Population by Age Groups, Total  
Albany County, NY



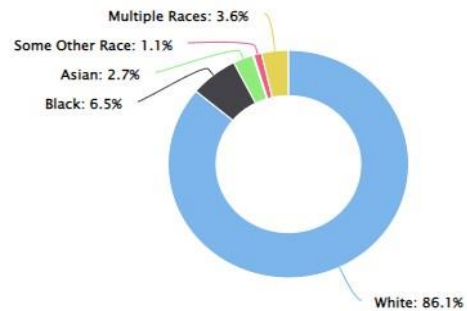
Total Population by Age Groups, Total  
Rensselaer County, NY

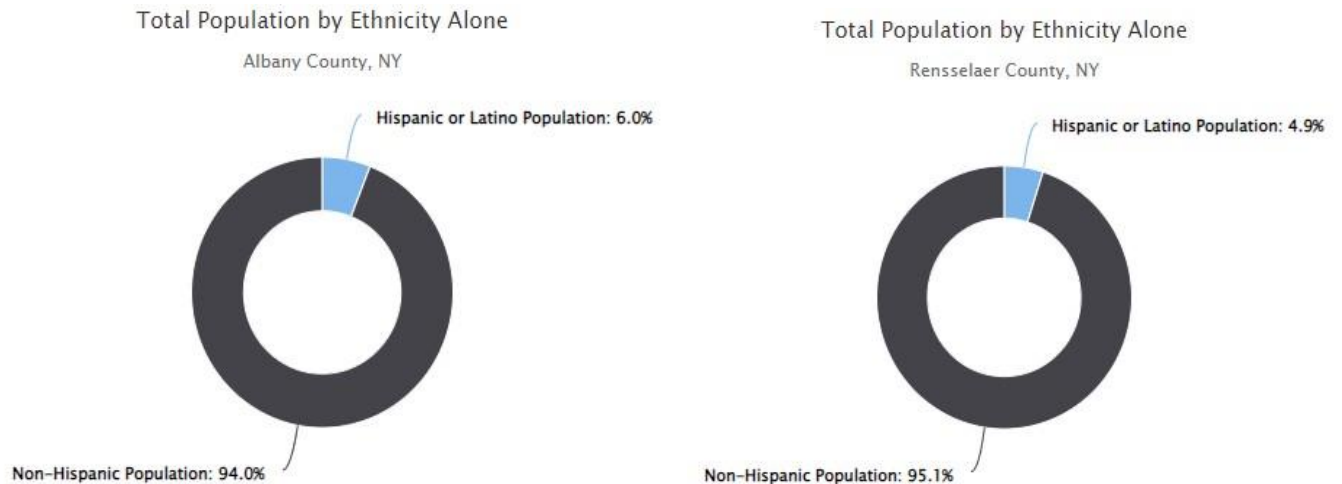


Total Population by Race Alone, Total  
Albany County, NY



Total Population by Race Alone, Total  
Rensselaer County, NY





## Our Approach to Health Equity

While Community Health Needs Assessments (CHNA) and Implementation Strategies are required by the IRS, Trinity Health ministries have historically conducted CHNAs and developed Implementation Strategies as a way to meaningfully engage our communities and plan our Community Health & Well-Being work. Community Health & Well-Being promotes optimal health for those who are experiencing poverty or other vulnerabilities in the communities we serve by connecting social and clinical care, addressing social needs, dismantling systemic racism, and reducing health inequities. Trinity Health has adopted the Robert Wood Johnson Foundation’s definition of Health Equity: “Health equity means that everyone has a fair and just opportunity to be as healthy as possible. This requires removing obstacles to health such as poverty, discrimination, and their consequences, including powerlessness and lack of access to good jobs with fair pay, quality education and housing, safe environments, and health care.”

This implementation strategy was developed in partnership with community and will focus on specific populations and geographies most impacted by the needs being addressed. Racial equity principles were used throughout the development of this plan and will continue to be used during the implementation. The strategies implemented will mostly focus on policy, systems and environmental change as these systems changes are needed to dismantle racism and promote health and wellbeing for all members of the communities we serve.

## Health Needs of the Community

The CHNA conducted in late 2021 to early 2022 identified the significant health needs within Albany and Rensselaer counties. Community stakeholders then prioritized those needs during a facilitated review and analysis of the CHNA findings. The significant health needs identified, in order of priority, include:

**Obesity:** In Albany County approximately 59,138 adults or 26.9% were obese, and 6,735 school-aged children and adolescents or 16.3% were obese; Approximately 36,004 or 30.9% Rensselaer County adults were obese, a prevalence rate of 30.9% and 4,263 school-aged children and adolescents (18.7%) were obese. 2017-19.

**Diabetes:** Albany County: 2018 age-adjusted adult diabetes prevalence (7.7%) was lower than NYS, excl NYC (9.2%) and down from 9.0% in 2016. 2016-18 Diabetes short-term complication aged 18+ years hospitalization rate (5.5 per 10,000), was higher than NYS, excl. NYC, (5.1) and 3.9 times higher among Black (15.5), than White, non-Hispanic residents (4.0). Rensselaer County: The 2018 age-

adjusted adult diabetes prevalence (10.1%) was higher than NYS, excl. NYC (9.2%) and up from 6.8% in 2016. Rensselaer County's 2016-18 diabetes short-term complication hospitalization rate of 6.4 per 10,000 aged 18+ years), was higher than NYS, excl. NYC, (5.1) and 5.9 times higher among Black (28.4)), than White, non-Hispanic (4.8) residents.

**Drug Misuse:** Albany County's 2018 age-adjusted opioid ED visit rate of 64.7 per 100,000 was lower than NYS, excl. NYC, but did not meet the Prevention Agenda (PA) objective (53.3). Rensselaer County had the Region's 2nd highest 2018 age-adjusted opioid overdose ED visit rate (74.1/100,000), slightly higher than NYS, excl. NYC, (71.9), and did not meet the PA objective (53.3).

**Mental Illness including suicide:** Albany County's 2016-18 age-adjusted mental diseases and disorders (primary diagnosis) ED visit (161.8 per 10,000 vs. 156.7) and hospitalization rates (78.5 vs. 72.3) were slightly higher than NYS, excl. NYC. Rensselaer County had the Region's 3rd highest 2014-18 age-adjusted ED visit (163.7/10,000) and hospitalizations (90.8) rates due to mental diseases and disorders (primary diagnosis); the hospitalizations rate about 1.3 times higher than NYS, excl. NYC (72.3).

**COVID-19:** Albany County's COVID-19 Vaccination rates (73.9% with at least one dose and 67.3% with the completed series) were higher than the NYS rates excl NYS (72.6% & 65.7%). Rensselaer County had the Region's 2<sup>nd</sup> lowest rates of COVID-19 vaccination, (67.3% with at least 1 dose and 62.1% with the complete series) as of 11/14/21, which was lower than NYS, excl. NYC (72.6% & 65.7%).

**Heart Disease:** Albany County's 2016-18 age-adjusted congestive heart failure mortality (18.4 per 100,000) was higher than NYS, excl. NYC, (16.7) and down from 18.7 in 2013-15. Rensselaer County's 2016-18 age-adjusted congestive heart failure mortality rate of 19.4 per 100,000, was higher than NYS, excl. NYC, (16.7) but down from 20.7 in 2013-15.

**Social Determinants of Health:** The food insecurity rate for Albany County was 12% and slightly higher than the NYS (11.4%) and the Rensselaer County rate of 11.1% was slightly lower than NYS. 2018. Both Albany and Rensselaer counties poverty rates of 11.9% (Albany) and 11.7% (Rensselaer) were higher than that of NYS, excl. NYC (11.1%).

**Tobacco Use:** Albany County's age-adjusted adult smoking rate (11.6%) was lower than NYS, excl. NYC (13.9%), did not meet the Prevention Agenda 2024 objective (11.0%), but decreased from 14.3% in 2016. Rensselaer County's 2018 adult smoking rate (17.3%) was the Region's 2nd highest, was above NYS, excl. NYC (13.9%), was above the Prevention Agenda 2024 objective of 11.0%, but decreased from 18.7% in 2016.

**Stroke:** Albany County's 2016-18, age-adjusted stroke mortality rate (28.4 per 100,000) was higher than NYS, excl. NYC, (27.6) and up from 26.1 in 2013-15. Rensselaer County's 2016-18 age-adjusted rate stroke mortality rate of 28.6 per 100,000 was higher than NYS, excl. NYC, (27.6) and up from 27.0 in 2013-15.

**Asthma:** Albany County's 2018 age-adjusted prevalence of adults with current asthma (11.7%), was down from 13.3% in 2016, and was higher than the NYS, excl. NYC rate of 10.8%. Rensselaer County 2018 age-adjusted prevalence of adults with current asthma (13.1%), was up from 11.7% in 2016, and was higher than the NYS, excl. NYC rate of 10.8%.

**Alcohol Misuse:** Albany County's 2018 age-adjusted adult binge drinking rate of 19.2% was higher than NYS, excl. NYC (18.4%) and did not meet the PA objective (16.4%). Rensselaer County had the Region's highest 2018 age-adjusted rate of adult binge drinking (23.5%); higher than NYS, excl. NYC (18.4%) .

**Sexually Transmitted Infections:** Albany County's 2016-18 HIV case rate of 9.2/100,000 was the region's highest, higher than NYS, excl. NYC, (6.1), increased from 8.5 in 2013-15, and did not meet the PA objective (5.2). Albany County's 2016-18 gonorrhea diagnosis rate of 153.0/100,000: was the

region's 2nd highest, was higher than NYS, excl. NYC, (101.0), and increased by 61% from 94.9 in 2013-15. Rensselaer County's 2016-18 age-adjusted gonorrhea diagnosis rate of 124.4 per 100,000 was higher than NYS, excl. NYC, (101.0), and doubled from 61.8 in 2013-15. Rensselaer County's 2016-18 age-adjusted chlamydia diagnosis rate of 459/100,000 was higher than NYS, excl. NYC, (420), and increased by 17% from 393 in 2013-15.

**Violence:** Albany County's 2016-18 age-adjusted assault hospitalization rate of 4.2 per 10,000 was the highest in the Region, higher than NYS, excl. NYC (2.2) and did not meet the PA objective (3.0). Rensselaer County had the Region's highest 2016-18 age-adjusted homicide mortality rate of 3.2 per 100,000, higher than NYS, excl. NYC (2.9).

**Childhood lead exposure:** Albany County's 2016-18 incidence rate of elevated blood lead levels ( $\geq 10$   $\mu\text{g/dl}$ ) – 11.7 per 1,000 tested children under 6 years of age – was the region's highest and 1.8 times higher than NYS, excl. NYC (6.5). Rensselaer County's 2016-18 incidence rate of elevated blood lead levels ( $\geq 10$   $\mu\text{g/dl}$ ), 10.8 per 1,000 tested children under 6 years of age, was the region's 2nd highest and 1.7 times higher than NYS, excl. NYC (6.5).

**Tick-borne Disease:** Albany County's 2016-2018 Lyme disease incidence rate was 104.2/100,000 was higher than the NYS rate of 65.4/100,000. Rensselaer County's 2016-18 Lyme disease incidence rate of 311.3/100,000 was the 4th highest rate of all NYS counties.

**Injuries and Falls:** Albany County had the Region's highest 2017 hospitalization rates due to falls among adults aged 65+ (247.3 per 10,000), higher than NYS, excl. NYC (193.5), and did not meet the PA objective (173.7). The Rensselaer County 2017 hospitalization rates due to falls among adults aged 65+ (186.0 per 1,000), was lower than the NYS rate of 193.5, but did not meet the PA objective (173.7).

## Hospital Implementation Strategy

### Significant health needs to be addressed

St. Peter's and Samaritan hospitals, in collaboration with community partners, will focus on developing and/or supporting initiatives and measure their effectiveness to improve the following health needs:

- 1 Diabetes and Obesity (Including Food Insecurity; Social Determinant of Health) – CHNA pages 59-92, 76-80 and 115
- 2 Mental Health & Substance Use Disorders – CHNA pages 134-147

### Significant health needs that will not be addressed

St. Peter's and Samaritan Hospitals acknowledge the wide range of priority health issues that emerged from the CHNA process and determined that it could effectively focus on only those health needs which are the most pressing, under-addressed and within its ability to influence. St. Peter's and Samaritan hospitals do not intend to address the following health needs:

- **Heart Disease-** competing priorities; the hospitals will provide treatment and education of this health need as part of our routine care of patients.
- **Tobacco Use-** Competing priorities, the hospitals will promote existing cessation programs within the community
- **COVID 19-** the hospitals will provide treatment and education of this health need as part of our routine care of patients.
- **Stroke-** Competing priorities, the hospitals will provide treatment and education of this health need as part of our routine care of patients
- **Asthma-** the hospitals will provide treatment and education of this health need as part of our routine care of patients
- **Alcohol Misuse-** the hospitals will provide treatment and education of this health need as part of our routine care of patients
- **Sexually Transmitted Infections-** competing priorities, the hospitals will provide treatment and education of this health need as part of our routine care of patients
- **Violence-** relative lack of resources to effectively address the need, will support community interventions
- **Childhood Lead Exposure-** to avoid duplication of efforts because other organizations are addressing the need
- **Tick-Borne Disease-** to avoid duplication of efforts because other organizations are addressing the need
- **Injuries and Falls-** the hospitals will provide treatment and education of this health need as part of our routine care of patients



This implementation strategy specifies community health needs that the hospital, in collaboration with community partners, has determined to address. The hospital reserves the right to amend this implementation strategy as circumstances warrant. For example, certain needs may become more pronounced and require enhancements to the described strategic initiatives. During these three years, other organizations in the community may decide to address certain needs, indicating that the hospital then should refocus its limited resources to best serve the community.

# 1

## Diabetes & Obesity (Including Food Insecurity)



**Hospital facility:** St. Peter's and Samaritan Hospitals  
**CHNA reference pages:** 59-62 and 76-80

### Brief description of need:

- The age-adjusted adult **diabetes** prevalence was lower in Albany County (7.7%) than the NYS average, excl. NYS (9.2%), however, higher in Rensselaer County (10.1%)
- The South End (46.0) neighborhood of Albany County (12202 zip code) had 3.0 to 3.4 times higher 2014-18 age adjusted diabetes hospitalization rates than NYS, excl. NYC (13.7) and 3.7 (61.5 South End) higher diabetes ED visit rates, than NYS, excl. NYC (16.6).
- The City of Troy/ 12180 zip code (Rensselaer County) had 8 times higher 2014-18 age-adjusted diabetes ED visit rates than NYS excl. NYC (16.6)
- The obesity rates among adults (18+) were 26.9% (Albany County) and 30.9% (Rensselaer County); rates for school aged children were 16.3% (Albany County) and 18.7% (Rensselaer County)
- 10.2 % of residents from the 12202-zip code (Albany County) and 10.3% of residents from the 12180-zip code (Rensselaer County) did not have access to a reliable source of food (Food Insecurity) (2018)

### Equitable and Inclusive SMART Objectives

By FY25 (December 31, 2024), in both Albany and Rensselaer counties:

1. Decrease the adult obesity rate from 26.9% to 24.9% in Albany County's 12202 zip code and from 30.9% to 28.9% in Rensselaer County's 12180- zip code, as measured by the NYS Prevention Agenda Dashboard
2. Among children participating in Soccer for Success, decrease the obesity rate from 16.3% to 14.3% in Albany County's 12202 zip code and from 18.7% to 16.7% in Rensselaer County's 12180- zip code, as measured by the NYS Prevention Agenda Dashboard
3. Decrease the food insecurity rates (among all ages) in the 12202-zip code (Albany County) from 10.1% to 8.1% and in the 12180-zip code (Rensselaer County) from 10.3% to 8.3%, as measured by the NYS Prevention Agenda Dashboard
4. Among adults participating in Healthy Lifestyle Programs, decrease the diabetes prevalence rate in the 12202-zip code (Albany County) from 7.7% to 6.7% and from 10.1% to 9.1% in the 12180-zip code (Rensselaer County), as measured by the NYS Prevention Agenda Dashboard
5. Draft policy to encourage increasing the number of food access points in the 12202 and 12180 priority zip codes, in collaboration with local BIPOC residents and community-based organizations (serving these residents) and present to local government representatives

## Actions the hospital facility intends to take to address the health need:

Strategy	Timeline			Hospital and Committed Partners (Align to indicate committed resource)	Committed Resources (Align by hospital/committed partner)
	Y1	Y2	Y3		
Expand Access to healthy lifestyle programs such as the Diabetes Prevention Program (DPP), an evidence-based intervention for adults (18+) who are at risk for developing diabetes, in accordance with CDC guidelines and The Soccer for Success Program for school aged children (5-14) aimed to increase physical activity and promote healthy lifestyle choices	x	x	x	St. Peter's & Samaritan Hospitals	<ul style="list-style-type: none"> <li>Staff time for coordination of DPP classes and data collection</li> <li>Program Facilitators and Community Health Workers</li> <li>Contribute \$80,000 in support of Soccer for Success program</li> </ul>
				Albany County Health Department	In-kind staff time/expertise
				Rensselaer County Health Department	In-kind staff time/expertise Site for in-person DPP classes
				Jewish Family Services	Site for in-person DPP classes
				The Boys and Girls Club of the Capital Area	Staff time for facilitation of Soccer for Success
				<b>Focus location(s)</b>	<b>Focus Population(s)</b>
				City of Albany South End Neighborhood (12202; high priority zip code) City of Troy (12180; priority zip code)	Medicare recipients (DPP) BIPOC residents of the focus locations School aged children 5-14 years old living in focus locations
Strategy	Y1	Y2	Y3	Hospital and Committed Partners (Align to indicate committed resource)	Committed Resources (Align by hospital/committed partner)
Form an advisory committee comprised of hospital representatives, community members and community-based organizations to engage in a process to address food insecurity. Advisory committee will advocate for increased healthy food access points in "food dessert" neighborhoods of the 12202 and 12180 zip codes	x	x	x	St. Peter's and Samaritan Hospitals	In-kind staff time for planning/meetings
				The Boys and Girls Club of the Capital Area	In-kind staff time/expertise for meetings/planning
				Jewish Family Services	In-kind staff time/expertise for meetings/planning
				AVillage	In-kind staff time/expertise for meetings/planning
				Regional Food Bank of Northeastern NY	In-kind staff time/expertise for meetings/planning
				Troy Waterfront Farmer Market	In-kind staff time/expertise for meetings/planning
				<b>Focus location(s)</b>	<b>Focus Population(s)</b>
City of Albany South End Neighborhood (12202; high priority zip code) City of Troy (12180; priority zip code)	Food insecure residents of the 12202 and 12180 zip codes				
Strategy	Y1	Y2	Y3	Hospital and Committed Partners (Align to indicate committed resource)	Committed Resources (Align by hospital/committed partner)
Increase the number of healthy food access points in focused locations (12202 and 12180 priority zip codes)		x	x	St. Peter's and Samaritan Hospitals	\$10,000 for food supplies provided to Community Based Organizations & In-kind staff time
				AVillage	In-kind staff time and expertise
				Boys and Girls Club of the Capital Area	In-kind staff time
				Maria College	In-kind staff time
				Regional Food Bank of Northeastern NY	In-kind staff time

				Focus location(s)	Focus Population(s)
				City of Albany South End Neighborhood (12202; high priority zip code) City of Troy (12180; priority zip code)	Food insecure residents of the 12202 and 12180 zip codes
Strategy	Timeline			Hospital and Committed Partners (Align to indicate committed resource)	Committed Resources (Align by hospital/committed partner)
	Y1	Y2	Y3		
Increase participation in <i>Food as Medicine</i> (Food Farmacy) Programs among individuals that are experiencing food insecurity and have been diagnosed with a chronic condition (such as diabetes or hypertension).	x	x	x	St. Peter's and Samaritan Hospitals and SPHP Diabetes and Endocrine Care Practice	\$270,000 (\$90K/year)
				AVillage	In kind staff time/expertise; outreach to potential participants
				The Collaboratory	Program Facilitator
				Focus location(s)	Focus Population(s)
				City of Albany South End Neighborhood (12202; high priority zip code) City of Troy (12180; priority zip code)	Food insecure residents of the 12202 and 12180 zip codes
Strategy	Timeline			Hospital and Committed Partners (Align to indicate committed resource)	Committed Resources (Align by hospital/committed partner)
	Y1	Y2	Y3		
Through the Creating Healthy Schools and Communities Grant, provide technical assistance in developing implementation strategies for wellness policies in local school districts.	x	x	x	St. Peter's and Samaritan Hospitals	In-kind staff time for planning/meetings
				Albany and Rensselaer County Health Departments	In-kind staff time/expertise for meetings/planning
				Creating Healthy Schools and Communities Grant Program	In-kind staff time/expertise for meetings/planning
				Albany City School District; Giffen Elementary School	In-kind staff time/expertise for meetings/planning
				Focus location(s)	Focus Population(s)
				City of Albany South End Neighborhood (12202; high priority zip code) City of Troy (12180; priority zip code)	Low Socioeconomic Status (SES) residents of the 12202 and 12180 zip codes BIPOC School Age children and families residing in focus location



**Anticipated impact of these actions:**

Impact Measures	Baseline	Target	Plan to evaluate the impact
Draft food access Policy, Systems and Environmental (PSE) change proposals submitted to local government	0	1 Draft Policy	Track food access points (grocery stores/pop up events and farmer markets) in focused areas and draft policy submitted
Decrease the food insecurity rate (among all ages) in the 12202 and 12180 zip codes	10.1% (Albany County) 10.3% (Rensselaer County)	8.1% (Albany County) 8.3 % (Rensselaer County)	Track the rate of food insecurity in the focused locations, as measured by the NYS Prevention Agenda Dashboard
Increase the number of participants enrolled in Healthy Lifestyle Change Programs in focused zip codes provided by SPHP and community partners	2,000 participants per year	3,500 participants per year	Track the number of participants enrolled in Healthy Lifestyle Change Programs: <ul style="list-style-type: none"> <li>• Diabetes Prevention Program</li> <li>• Soccer for Success</li> <li>• Food As Medicine</li> <li>• Diabetes Self-Management</li> </ul>
Decrease obesity rates among adults & children living in the 12202 and 12180 zip codes	<u>Adults (age 18+)</u> Albany County: 26.9% Rensselaer County: 30.9%  <u>School-aged children</u> Albany County:16.3% Rensselaer County:18.7%	<u>Adults (age 18+)</u> Albany County: 24.9% Rensselaer County: 28.9% <u>School -aged children</u> Albany County: 14.3% Rensselaer County: 16.7%	Track the prevalence of obesity in the 12202 and 12180 zip codes, as measured by the NYS Prevention Agenda Dashboard
Decreased the percentage of adults with diabetes living in the 12202 and 12180 zip codes	Albany County: 7.7% Rensselaer County: 10.1%	Albany County: 6.7% Rensselaer County: 9.1%	Track number of individuals at SPHP and/or Partner Community Based Organizations: <ul style="list-style-type: none"> <li>• participating in <i>Food as Medicine</i>/Food Farmacy Programs</li> <li>• pre/post A1C &amp; BMI levels of <i>Food as Medicine</i>/Food Farmacy participants</li> </ul> Track the prevalence of Diabetes in the 12202 and 12180 zip codes, as measured by the NYS Prevention Agenda Dashboard

# 2

## Mental Health & Substance Use Disorders



**Hospital facility:** St. Peter's and Samaritan Hospitals  
**CHNA reference pages:** 134-147

### Brief description of need:

Albany County's 2016-18 age-adjusted mental diseases and disorders (primary diagnosis) ED visit (161.8 per 10,000 vs. 156.7) and hospitalization rates (78.5 vs 72.3) were slightly higher than NYS, excl. NYC.

- The South End neighborhood (12202 zip code) of Albany County had the Region's 3rd highest 2014-18 age-adjusted hospitalization rate due to mental diseases and disorders (primary diagnosis) (219.7 per 10,000), which was about 3 times higher than NYS, excl. NYC (72.3)
- Rensselaer County had the Region's 3rd highest 2014-18 age-adjusted ED visit (163.7/10,000) and hospitalizations (90.8) rates due to mental diseases and disorders (primary diagnosis); the hospitalizations rate about 1.3 times higher than NYS, excl. NYC (72.3)
- Albany County's 2018 age-adjusted opioid ED visit rate of 64.7 per 100,000 was lower than NYS, excl. NYC, but did not meet the PA objective (53.3)
- The South End neighborhood (12202 zip code) of Albany County had the Region's 1st and 2nd highest rates, per 10,000, of 2014-18 age-adjusted ED visits (355.3 and 1,268.1) and hospitalizations (177.9 and 159.6) due to drug abuse, which were each 4.8 to 17.4 times higher than NYS, excl. NYC (72.7 and 33.1)
- Rensselaer County had the Region's 2nd highest 2018 age-adjusted opioid overdose ED visit rate (74.1/100,000), slightly higher than NYS, excl. NYC, (71.9), and did not meet the PA objective (53.3)

### Equitable and Inclusive SMART Objective(s): By FY25 (December 31, 2024.):

1. In collaboration with local health departments, promote and increase the number of Mental Health First Aid Programs offered to BIPOC residents and Community Based Organizations serving BIPOC residents of the 12202 and 12180 priority zip codes and from a baseline of zero to 20 program sessions provided. Capacity for each session: 25-30 individuals
2. Increase the number of residents from the 12202 and 12180 priority zip codes that have had a home visit by a Community Health Worker or Health Home Navigator to screen and mitigate social needs and access to mental health/or substance misuse treatment. Target 50 community members per year for each of the focused zip codes of 12202 and 12180
3. In collaboration with local health departments, Increase the number of Naloxone (opioid overdose reversal treatment) training programs offered to BIPOC residents and Community Based Organizations serving BIPOC residents of the 12202 and 12180 priority zip codes from a baseline of zero to 20 program sessions provided. Capacity for each session: 25-30 individuals.

**Actions the hospital facility intends to take to address the health need:**

Strategy	Timeline			Hospital and Committed Partners (Align to indicate committed resource)	Committed Resources (Align by hospital/committed partner)
	Y1	Y2	Y3		
Through development of a community coalition inclusive of residents, respond to community needs addressing the opioid crisis. (Y1) for focused populations in priority zip codes, 12202 and 12180	x			St. Peter's & Samaritan Hospitals	In-kind staff time, funding for supplies- \$;5,000
				Albany County Department of Health	In-kind staff time
				Rensselaer County Department of Health	In-kind staff time
				Catholic Charities	In-kind staff time
				Lincoln Pharmacy	In-kind staff time
				<b>Focus location(s)</b>	<b>Focus Population(s)</b>
				Albany South End Neighborhood (12202) City of Troy (12180)	Low SES and BIPOC of the focused location
Develop a PSE change proposal, focusing on increased availability of Naloxone (opioid overdose reversal treatment) and/or other addiction prevention interventions (TBD) for focused populations in priority zip codes, 12202 and 12180	x	x	x	St. Peter's & Samaritan Hospitals	in-kind Staff time, funding for supplies; \$5,000.
				Albany County Department of Health	In-kind staff time
				Renssealer County Department of Health	In-kind staff time
				Catholic Charities	In-kind staff time
				Lincoln Pharmacy	In-kind staff time
				<b>Focus location(s)</b>	<b>Focus Population(s)</b>
				Albany South End Neighborhood (12202) City of Troy (12180)	Low SES& BIPOC of the focused location
Promote and provide Mental Health First Aid to BIPOC residents of and Community Based Organizations serving the priority zip codes: 12202 and 12180	x	x	x	St. Peter's and Samaritan Hospitals	In-kind staff time
				Rensselaer County Department of Health	In- kind staff time
				Albany County Department of Health	In-kind staff time
				The Collaboratory	In-kind staff time
				<b>Focus location(s)</b>	<b>Focus Population(s)</b>
				Albany South End Neighborhood (12202) City of Troy (12180)	Low SES and BIPOC of the focused location
				Engage with community members, to build trust, screen and mitigate social needs, particularly access to mental health	x
Healthy Capital District	In kind CHW trainings				
Capital Region Health Connections	In kind staff time of Health Home Navigators				

/and substance misuse services. Utilize the Community Resource Directory to connect community members to needed resources.			Albany County Department of Health	In kind staff time of Community Health Workers
			<b>Focus location(s)</b>	<b>Focus Population(s)</b>
			Albany South End Neighborhood (12202) City of Troy (12180)	Low SES and BIPOC of the focused location

### Anticipated impact of these actions:

Impact Measures	CHNA Baseline	Target	Plan to evaluate the impact
Increase the number of Policy Systems and Environmental (PSE) change proposals submitted to local government	0	1 PSE policy submitted	Track the number of PSE proposals submitted
Increase the number of Naloxone Training provided to BIPOC and Low SES residents of the 12202 and 12180 zip codes	0	20 trainings offered in each of the focused zip codes	Monitor the age-adjusted rate of overdose deaths involving any opioids; monitor the number of individuals attending naloxone trainings from focus locations
Increase the number of home visits to address social needs, including access to mental health and substance misuse treatment among individuals from the 12202 and 12180 zip codes	Unknown	50 community members per year for each of the focus locations	Monitor Community Worker and Health Homes program participation Track number of community members receiving a home visit in each of the focus locations
Increase the number of Mental Health First Aid Training provided to BIPOC and Low SES residents of the 12202 and 12180 zip codes	0	20 trainings offered in each of the focused zip codes	Track/report the number of trainings held and number of individuals attending Mental Health First Aid trainings



## Adoption of Implementation Strategy

On November 14, 2022, the Board of Directors for St. Peter's and Samaritan Hospitals voted after review of the 2023-2025 Implementation Strategy for addressing the community health needs identified in the 2022 Community Health Needs Assessment. Upon review, the Board approved this Implementation Strategy and the related budget.



Michael Finegan, Executive Vice President Hospital Operations

11/14/22

