

# Inpatient Detox

ST. PETER'S ADDICTION RECOVERY CENTER

SPARC Inpatient Detox is one of the capital region's only detoxification units. SPARC's detox program offers withdrawal and stabilization services to patients experiencing withdrawal from alcohol, benzodiazepines and opioids. Medical providers and nurses use medication assisted therapies to treat symptoms of acute withdrawal while assisting patients gain access to medication in their communities. Behavioral Health Counselors are available for making referrals to the next appropriate level of care for continued treatment of their addiction. Spiritual and Self-Help groups are offered daily to address psychosocial aspects of addiction.



## What to Expect

Beginning in the emergency room at St. Peter's Hospital you will receive a full medical work up. The ER Provider collaborates with the Detox Provider to determine the best options for stabilization on the Detox Unit or a Medical Unit with Detox Consultation /Support. Staff will monitor and treat your withdrawal until you are stable for discharge.

## Services Available

SPARC's medical team including doctors, advanced practice providers, registered nurses and patient care technicians are available for 24/7 care and supervision. Case management available through the stay for Referrals into aftercare services.. Assistance with insurance to those who qualify.

## What Happens Next

Multidisciplinary team will create a treatment plan and refer you to a variety of programs including: inpatient rehabilitation, residential programs, outpatient treatment, opioid treatment programs, methadone maintenance treatment programs, mental health counseling, etc.



**SPARC Detox / St. Peter's Hospital**

**6 GAB - 315 South Manning Blvd**

**Albany, NY 12208**

**(518)525-1303**



**St Peter's Hospital**  
*Addiction Recovery Center*

ST PETER'S HEALTH PARTNERS

# FAQ's

## FREQUENTLY ASKED QUESTIONS

**Question:** How big is your program?

**Answer:** SPARC operates an 18-bed adult acute care Chemical Dependency Crisis Unit at St. Peter's Hospital

**Question:** What should I bring?

**Answer:** You will wear hospital attire while a patient. Please leave valuables at home. Bring a change of clothes, quarters for a payphone, insurance card, proof of identification, list of your medications, list of important phone numbers/contacts. You will not have access to your personal property while a patient on our Inpatient Detox. We will secure any items that cannot be sent home with family during admission.

**Question:** How long will I be admitted for?

**Answer:** Your length of stay will be determined by the medical team based on your symptoms. Average length of stay is 3-5 days.

**Question:** How long is the admission process?

**Answer:** All patients presenting for services are evaluated medically in our emergency department, wait times vary depending on acuity.

**Question:** What substances are considered for treatment in the Inpatient Detox?

**Answer:** We admit patients for withdrawal and stabilization from alcohol, benzodiazepines and/or opioids.

**Question:** What are your visiting hours?

**Answer:** We do not have general visiting hours for this service. Family members can be included in your care plans but require a signed release by the patient. Family meetings are arranged on a case by case basis when needed to coordinate aftercare plans.

**Question:** What happens once I am ready for discharge?

**Answer:** Our multidisciplinary team will create a treatment plan and refer you to a variety of programs including: inpatient rehabilitation, residential programs, outpatient treatment, opioid treatment programs, methadone maintenance treatment programs, mental health counseling, etc. depending on your needs. Treatment is voluntary.